# **XAVIER CATHOLIC COLLEGE**



# XAVIER SPORT 2022 HANDBOOK PLAYERS - COACHES - PARENTS



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#### Dear Students, Coaches, Managers and Parents

Welcome to the 2022 school sport year! We hope that once again the Xavier Sport program provides fun and rewarding experiences for all involved that contribute to making positive memories for life.

Xavier Catholic College's vision is to 'provide an exceptional Catholic education in the Ignatian tradition which encourages all to strive for their personal best and aspire to make a difference to the world.' In sport we live out this vision by providing a competitive experience that inspires excellence, promotes good health, develops character and builds strong relationships that strengthen our community. We recognize a broad range of abilities and commitment among our athletes. We strive to provide age-appropriate instruction and competition within the constraints of time and additional resources.

The College does not discriminate on the basis of gender, race, sexual orientation, national origin or religious affiliations. We seek to place athletes, with similar desires and objectively assessed abilities, together to maximize their enjoyment and development.

In the right environment, sport comes closer than almost any other cultural activity in delivering equal opportunity for all. This environment – one that is fair, safe, and open to everyone – creates a sport experience that will teach the right lessons and will celebrate physical and ethical achievements. This is what we know as good sport. It is with this intent that we are committed to a fun and fair environment that develops self-confidence and leadership skills.

Our coaches teach skills and strategy, and also contribute to building character in youth. Although competition and the desire to win is an important element of any sport, when good sport is sacrificed for winning at all costs, the sport, the athletes, the coaches and the community lose something special.

Xavier Catholic College is committed to the <u>True Sport Principles and Goals</u>. By promoting sport at its best—good sport – we seize the opportunity to instill character in our students, strengthen our community and increase our opportunities for excellence.

We welcome you to join us on this journey!

Yours sincerely

Nathan Milne Dean of HPE & College Sport

Simon Dash Principal

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### **College Houses**

Xavier house names have been chosen from the language of the Butchulla people, traditional landowners in the Hervey Bay region.



Buthu – Dolphin Colour - Blue Patron - Mary Ward Motto - "<u>Murini</u>" (act)



Dirum - Sun Colour - Yellow Patron - St Ignatius of Loyola Motto - "<u>Buranga</u>" (know)



Kondari - Whale Colour - Red Patron - Mary <u>MacKillop</u> Motto – "<u>Wuga</u>" (give)



Narwari - Waves of the sea Colour - Green Patron - Edmund Rice Motto - "<u>Gam'ngan</u>" (guide)

## **Interhouse Champions**

Year	Athletics	Cross-Country	Swimming
2021	Kondari	Buthu	Buthu
2020	Kondari	Cancelled	Buthu
2019	Kondari	Buthu	Kondari
2018	Buthu	Buthu	Kondari
2017	Dirum	Buthu	Narwari
2016	Narwari	Narwari	Dirum
2015	Dirum	Dirum	Dirum
2014	Dirum	Dirum	Dirum
2013	Dirum	Dirum	Dirum
2012	Dirum	Dirum	Buthu
2011	Dirum	Dirum	Kondari
2010	Dirum	Dirum	Buthu
2009	Dirum	Buthu	Dirum
2008	Buthu	Buthu	Narwari
2007	Buthu	Buthu	Kondari
2006	Dirum	Buthu	Narwari
2005	Buthu	Narwari	Dirum
2004	Narwari	Kondari	Dirum
2003	Kondari	Kondari	Dirum



**Todd Baldwin** 2017 Graduate

### Xavier Team Name



In 2020, students and staff at Xavier nominated and voted on a Team Name for all Xavier Sport Teams.

We are proudly the XAVIER WOLVES.

The wolf has a strong connection to the family of Ignatius Loyola where an image of 2 wolves eating from a cooking bowl (kettle) is included in the Loyola family crest. This image reflects the story of the Loyola family being so generous to people in need in their community by feeding family members, soldiers and surrounding villagers with enough left over to also feed the local wildlife, including 2 wolves. This meshes well with our ethos here at Xavier of always thinking of others and giving when we see a need.



The wolfpack is a symbol of <u>strength in unity</u> and is an attitude all Xavier athletes should embrace. Wolves are fierce defenders of all members of the pack and have a never say die attitude.

We pride ourselves on representing the College with maximum participation, maximum humility and maximum respect for our fellow competitors, coaches and officials.

#### **College War Cry**

WHO ARE WE? XCC

XAVIER XAVIER - HERE WE ARE WE ARE THE WOLVES - RA RA RA

PATRON FRANCIS - MIGHT MIGHT MIGHT WE GOT IGGY - FIGHT FIGHT FIGHT

COME ON XAVIER MAKE SOME NOISE WE ARE XAVIER - OI OI OI



Jordan Kerby - 2009 Graduate

### Xavier 'True Sport' Principles & Goals

#### <u>Go For It</u>

Rise to the challenge – always strive to be your best. Discover how good you can be.

Goal: to develop skills and teach athletes how to compete to the best of their abilities.

#### <u> Play Fair</u>

Play honestly – obey both the letter and the spirit of the rules. Winning is only meaningful when competition is fair.

Goal: to develop sportsmanship, fair play, pride and achievement through involvement in sport.

#### **Respect Others**

Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.

Goal: to teach athletes, coaches and parents the importance of respecting all those who come to play, including respect for teammates, coaches, opponents, referees and officials.



Matt Hauser - 2015 Graduate



Beth Mooney - 2010 Graduate

#### <u>Keep It Fun</u>

Find the joy of sport. Keep a positive attitude both on and off the field.

Goal: to provide a competitive sport experience that is enjoyable and rewarding for the athletes.

#### **Stay Healthy**

Place physical and mental health above all other considerations – avoid unsafe activities. Respect your body and keep in shape.

Goal: to ensure that the athletes are developed in a way that promotes and protects their safety and wellbeing.

#### Include Everyone

Share sport with others. Ensure everyone has a place to play.

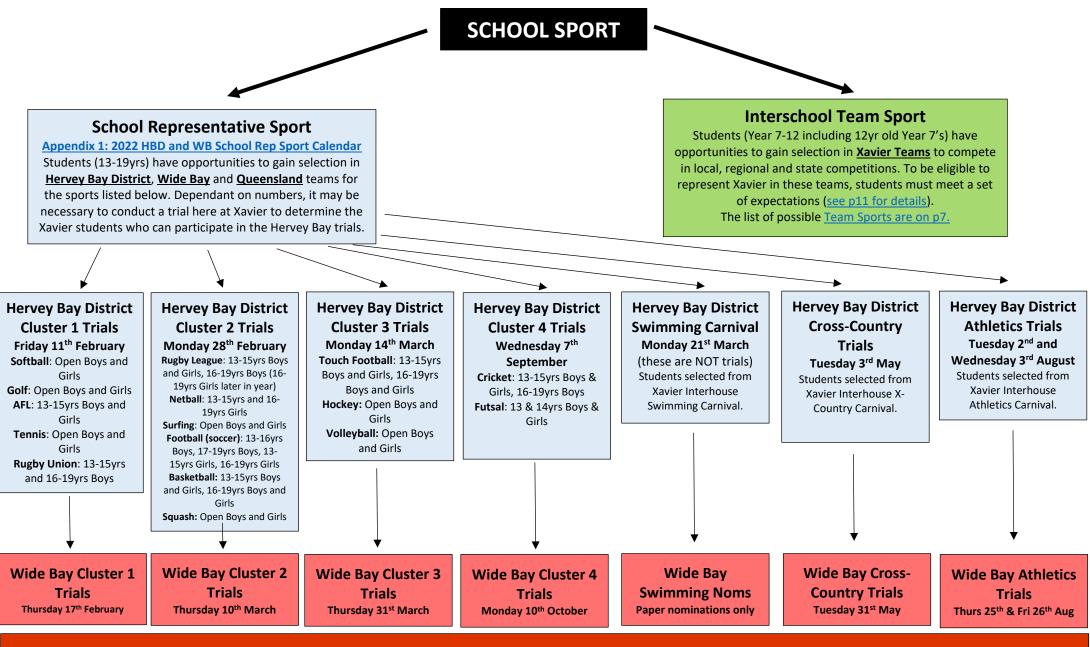
Goal: to create opportunities for everyone to play regardless of ability, gender, race, sexual orientation, national origin or religious affiliations.

#### Give Back

Find ways to show your appreciation for the community that supports your sport and helps make it possible.

Goal: to foster an understanding among our athletes that their community supports their chosen sport and the importance therefore of behaving as positive role models and in ways that contribute to improving the quality of life in their community.

#### **Overview of School Sport Pathways**



For QLD State Titles dates and locations, please see QLD School Sport Calendar (Appendix 2)

### Possible\* Team Sport Opportunities at Xavier in 2022

A sign-on day for Interschool Team Sport occurs early in Term 1. Attendance is COMPULSORY for any student wishing to play Team Interschool Sport for Xavier. The number of teams and competitions entered is determined by student numbers following the collation of the sign-on data.

Sport	Possible Teams
AFL	Yr 7-9 Girls, Yr 7-9 Boys, Yr 10-12 Girls, Yr 10-12 Boys
<u>Basketball</u>	15 Boys, Open Boys, Girls
<u>Cricket</u>	15 Boys, Open Boys, Girls
<u>Equestrian</u>	Year 7-12 Boys & Girls
<u>Futsal</u>	Open Boys & Girls, 13yrs Boys & Girls, 15yrs Boys & Girls
<u>Hockey</u>	Open Boys, Open Girls
Human Powered Vehicle	Junior Team (Yr 7-9), Senior Team (Yr 10-12)
<u>Lifesaving</u>	Year 7-12 Boys & Girls
<u>Netball</u>	Yr 7-9 Girls, Yr 10-12 Girls, QISSN (Yr 9 -12), Open Boys
<u>Oztag</u>	Various boys, girls and mixed teams dependent on sign-on
Rugby Union	13 Boys, 15 Boys, Open Boys, Girls
Rugby League	13 Boys & Girls, 15 Boys & Girls, Open Boys & Girls
Soccer	Yr 7-9 Boys & Girls, Yr 10-12 Boys & Girls
Touch Football	13 Girls, 13 Boys, 15 Girls, 15 Boys, Open Girls, Open Boys

# Click on the hyperlinks above to view sport-specific information sheets (Appendix 3) for more details including: competitions, training and estimated costs.



2017 Xavier QISSN Netball Team

### **Sporting Awards and Leadership Opportunities**

Xavier Catholic College seeks to recognize the achievements and contributions of students to the sporting life of the College. In addition to publishing newsletter articles, Facebook posts (including 'Sporting Spotlights') and making assembly presentations, students can also be recognized for their sporting contributions by receiving a Sporting Award.

#### **Certificate Awards**

For each sport representation, students earn points. Representations include:

- **Xavier Sport Teams**
- -Hervey Bay District, Wide Bay and Queensland Teams
- Age Champion (interhouse, District, Wide Bay and QLD levels) -
- Best and Fairest (Xavier Teams)

These points are set at the start of the school year by the Dean of College Sport and can range from 5 points to 100 points depending on a number of factors including (but not limited to): the level of representation, the training commitment required, the quality of competition, etc. The assigning of these points are reviewed prior to the Sports Awards being collated and adjusted if required. Students are able to receive the following Certificate Awards:

Merit Award: ٠

•

3 Xavier Sport Teams or 3 Hervey Bay District Team representations

Students must earn a Merit Award to be eligible for

- Bronze Certificate: 50 points •
  - Silver Certificate: 100 points
  - a Bronze, Silver or Gold certificate. Gold Certificate: 150 points

#### Medallion Awards (Sporting Excellence)

Students who excel in Representative School sport can receive sporting excellence awards (medallions) as follows:

- Bronze Medallion: ٠ 1 Wide Bay representation
- Silver Medallion: 2 or more Wide Bay representations ٠
- Gold Medallion: 1 QLD representation •

#### **Major Sporting Awards:**

Students in Year 12 who have excelled in their school sport pursuits can be eligible as a recipient for the following awards:

- Olympic Change-Maker Award: actively demonstrated leadership in their sport through their school or local community and/or used sport as a vehicle to improve health and wellbeing and drive social change in their school or local community
- BCE Spirit of Sport Award: a sportsperson who has given outstanding leadership and service to the school sports program as well as participated in a range of sports and activities during their time at the College
- Edmund Rice Sporting Excellence Award: most outstanding sportsperson

In addition to these major awards, the **Xavier Wolves Medal** is presented to a student from Year 7-11 who accumulates the highest number of points from their school sport representations.

#### Leadership Opportunities:

Students have opportunities to be selected Captain of their sporting team – a decision made by the coach. In addition, each year 2 Year 12 students are selected as the College War Cry Leaders. This decision is made by the preceding year's War Cry leaders in consultation with the Dean of College Sport.

## **Communication Procedures**

#### Communication from Xavier to students and parents:

As a College, we endeavor to communicate information pertaining to school sport timely and clearly. For students and parents, access to this information is available through the following school-based mediums:

- Student notices during PC: it is the student's responsibility to listen to morning notices (or check emails if they miss PC class) to ensure they do not miss team meetings, trials or other important information.
- Emails: the Dean of College Sport as well as Team Coaches and Managers will often send students Information Letters and other information of importance via email. It is the responsibility of the student to pass this information onto their parents promptly.
- ✓ Newsletter: sport information is regularly published in the school fortnightly newsletter which is emailed to all students and parents of the College.
- ✓ **College Facebook:** sport information is regularly published on the College Facebook site.
- Xavier Sport Handbook: this document is available to all students and parents in digital form.

#### Communication from Students to Team Coaches/Managers:

Students are expected to be accountable for their team selections and the importance of their place in a team. As a result, students must strive to communicate timely and clearly to their coach/manager about any issues that arise, including:

- Being absent from a training session
- Clarifying due dates for paperwork submission and Qkr payments
- Discussing any concerning issues within the team environment

#### Communication from Parents to Team Coaches/Managers:

When parents are unaware of information pertaining to a school sporting event, parents should firstly ask their child to check emails and/or morning notices sent from their coach/manager. Parents are encouraged to send through photos of their child/children involved in school sport and we will endeavor to include these in newsletter or Facebook articles and end of year College Yearbook and/or presentation evenings. Please note that with the volume of photos received, not all can be included in end of year publications.

#### Due Dates and Deadlines:

Due dates and deadlines for paperwork submission and Qkr payments are set to ensure that as a College, we meet the expectations and guidelines that govern our school sport events. Students and parents should make every effort to meet these due dates and are encouraged to email the Dean of College Sport or the team coach/manager to advise of any issues arising. All paperwork (e.g. medical forms, project consent forms) should be submitted to the Sports Box in student reception by the due date communicated on information letters (emailed to students).

### **Player and Team Selection Process**

**Because good sport can make a great difference**, Xavier Catholic College is committed to creating a sport experience that is fair, safe and open; one that brings out the best in everyone involved in the game, that helps athletes discover their potential and compels them to be the best they can be, both physically and ethically. In doing so, we not only strengthen the character of our athletes, and increase opportunities for excellence, but also strengthen our community as a whole.

By creating an appropriate development path for our players, avoiding a win-at-all-cost mentality and embracing and balancing the True Sport Principles, Xavier Catholic College will make a great difference by providing a good sport experience for all.

The following research and initiatives have contributed to the development of Xavier Catholic College's Player Selection Process:

- Winning versus Development Objectives (Horst Wein) Appendix 4
- Four Corner Development Model (OSA) Appendix 5
- True Sport Principles Appendix 6

It is important to note that not all interschool sport teams require a Player Selection Process. Numbers of students who register their interest to play at the Sport Sign-On Day early in Term 1 will provide coaches and managers with the necessary data to:

- decide what teams can be entered into competitions
- decide whether a Player Selection Process is required for specific teams

If a Player Selection Process is not required, then students must still work toward demonstrating a level of skill and ability that satisfies the safety and risk assessment guidelines for safe participation in that sport. Coaches will provide students every opportunity to meet this expectation in order to safely participate.

If a Player Selection Process is required, coaches and managers of teams will work in collaboration with the Dean of College Sport to determine the specifics of the process required so that the Player Selection Process is fair, equitable and supports the ideas and values evident in the research and initiatives included in Appendix 4, 5 and 6. All coaches and managers operate according to the guidelines and expectations outlined in the *Xavier Sport Coaches and Managers Handbook*.

### **Xavier Sport Codes of Behaviour**

Representing Xavier in representative and/or interschool sport is to be accepted as a privilege and not a right. As a result, a specific code of behavior is expected to be adhered to by all parties involved in Xavier Sport, including:

- the players (Xavier students)
- the coaches and managers (Xavier staff)
- the spectators (Xavier parents, family members and friends)

These codes of behavior have been adopted from the Australian Sports Commission (Australian Government). It is important that all players, coaches and spectators carefully read these behavior expectations.

The Xavier Sport Codes of Behaviour (from Australian Sports Commission) – Appendix 7.

In addition to these codes of behaviour, there is an additional set of <u>expectations</u> for players and spectators that are specific to our context here at Xavier Catholic College.

#### **Expectations for players (students)**

All students who wish to play in a Xavier sport team MUST:

- ✓ attend and participate in the 3 Xavier interhouse sport carnivals, including running/jogging the entire cross-country course. Failure to do so without a legitimate reason may result in your position in Xavier sport teams to be withdrawn.
- ✓ make every effort to represent Xavier at Hervey Bay District Carnivals if selected.
- exhibit behaviour within the school and wider community prior to representation that signifies a capacity to represent Xavier College to an acceptable standard as a member of a team. Students who fail to demonstrate these capacities may be withdrawn from school team without notice.
- demonstrate a commitment to studies of an acceptable standard, otherwise it may lead to not being allowed to represent the College in co-curricular activities and this decision could be made at any time leading up to or during a sporting competition.
- ✓ make every reasonable effort to ensure paperwork (e.g. forms) are submitted to the Sports Box and sport event fees are paid (via online Qkr payment system) by the due date and time
- ✓ make every reasonable effort to be on time to all training sessions and notify the coach if unable to make it.
- ✓ follow all reasonable directions of team coach including playing according to the team structure stipulated by the coach.
- ✓ show respect for yourself, your team mates, officials, your opponents and their skills.
- ✓ never argue with or question the Referee's decision.
- ✓ control your temper no criticism by word or gesture.
- ✓ compete by the competition conditions and rules.

- ✓ be a good sport and encourage and support your own team members.
- ✓ work equally hard for yourself and your team your team's performance will benefit and so will your own.
- ✓ behave in a manner that respects the rights of others regardless of mediums of communication used e.g. digital mediums such as Twitter, Facebook, email and texts.
- ✓ wear the official team uniform at all times, including purchasing items if needed, as directed by team coach.
- ✓ stay in the designated team area and support other team members during times when you are not competing.

#### Possible consequences for players when unable to meet Expectations

- ✓ Verbal warning to student identifying breaches of expectations
- ✓ Formal meeting with Coach, House Dean and Dean of College Sport
- ✓ Notification of parents
- Meeting with Head of Secondary, Assistant to the Principal Student Well-Being and/or Principal to discuss removal from team and/or suspension from all interschool/representative sport

#### **Expectations for spectators (parents, family, friends)**

The support of parents and family members of the Xavier community is a vital component of the success and enjoyment of Xavier Sport. To ensure our sporting teams and events run smoothly and we strive to adhere to our True Sport principles, parents, family members and friends are respectfully requested to:

- ✓ check with their child about correspondence received relating to sporting teams and events by ensuring their child is passing on any emails and hardcopy documents
- ✓ make every reasonable effort to support their child to ensure that consent and medical forms and online Qkr payments are completed by the due date and time communicated
- ✓ spectate games demonstrating behaviours that are in line with the Xavier Sport Codes of Behaviour (adopted from the Australian Sports Commission)
- ✓ spectate games from a position that is apart from the coach and reserves bench to allow the coach to perform their coaching duties without external input that may instigate confusion for player's receiving feedback
- ✓ not engage with or approach officials, opposition players or coaches to express personal views concerning game incidents

All coaches and managers, in addition to adhering to the Xavier Sport Codes of Behaviour are also required to meet an additional set of expectations when coaching/managing teams that is specific to our College. These expectations are explained to coaches and managers and are provided support to meet these expectations by the Dean of College Sport and is represented in the staff policy document entitled the *Xavier Sport Coaches and Managers Handbook*.

## Appendix 1: 2022 HBDSS Calendar (current as of 02/02/2022)

Ca	lon	Ida	m	0	d	ia
Ua	iei.	uai	μ	C	u	a

Your source for calendars

January	February	March	April	Мау	June	July	August	September	October	November	December
1 Sa New Year's Day	1 Tu	1 Tu	1 Fr	1 Su	1 We	1 Fr	1 Mo	1 Th	1 Sa	1 Tu	1 Th
2 Su	2 We	2 We	2 Sa	2 Mo Labour Day	2 Th	2 Sa	2 Tu HBD Athletics 13- 19yrs	2 Fr <b>PFD</b>	2 Su	2 We	2 Fr
3 Mo	3 Th HBD Meeting	3 Th	3 Su	3 Tu <b>10 – 19 HBD</b> X-Country	3 Fr	3 Su	3 We <sup>HBD Athletics 13-</sup> 19yrs	3 Sa	3 Mo Queen's birthday	3 Th	3 Sa
4 Tu	4 Fr	4 Fr	4 Mo	4 We	4 Sa	4 Mo	4 Th	4 Su WB 10-12yrs Cricket Trials	4 Tu	4 Fr	4 Su
5 We	5 Sa	5 Sa	5 Tu	5 Th WB Cluster 3 Trials 10-12yrs	5 Su	5 Tu	5 Fr	5 Mo WB 10-12yrs Cricket Trials	5 We	5 Sa	5 Mo
6 Th	6 Su	6 Su	6 We	6 Fr WB Cluster 3 Trials 10-12yrs	6 Mo	6 We	6 Sa WB 12yrs Girls League Trials	6 Tu WB 10-12yrs Cricket Trials	6 Th	6 Su	6 Tu
7 Fr	7 Mo	7 Mo	7 Th	7 Sa	7 Tu	7 Th	7 Su WB 12yrs Girls League Trials	7 We HBD Cluster 4 Trials 13-19yrs	7 Fr	7 Mo	7 We
8 Sa	8 Tu	8 Tu HBD 10 – 12 Cluster 1 B'Ball	8 Fr	8 Su	8 We	8 Fr	8 Mo	8 Th	8 Sa	8 Tu	8 Th
9 Su	9 We	9 We HBD Cluster 1 10 - 12 Touch	9 Sa	9 Mo	9 Th	9 Sa	9 Tu HBD 10 -12 Cricket trials	9 Fr 10 – 12 Year 5/6 Senior	9 Su	9 We	9 Fr
10 Mo	10 Th	10 Th WB Cluster 2 Trials 13-19yrs	10 Su	10 Tu	10 Fr	10 Su	10 We	10 Sa	10 Mo WB Cluster 4 Trials	10 Th	10 Sa
11 Tu	11 Fr HBD Cluster 1 Trials 13-	11 Fr HBD 10- 12yr AFL Gala	11 Mo	11 We	11 Sa	11 Mo	11 Th	11 Su	11 Tu	11 Fr	11 Su
12 We	12 Sa	12 Sa	12 Tu	12 Th	12 Su	12 Tu HBD 10 -12 girls RL trial 2	12 Fr	12 Mo	12 We	12 Sa WB Triathlon	12 Mo
13 Th	13 Su	13 Su	13 We	13 Fr	13 Mo	13 We HBD 10 -12 girls RL trial 3	13 Sa	13 Tu	13 Th	13 Su	13 Tu
14 Fr	14 Mo	14 MO HBD Cluster 3 Trials 13-19yrs	14 Th	14 Sa	14 Tu Kootball Gala	14 Th <sup>10-12yrs</sup> Athletics	14 Su	14 We	14 Fr	14 Mo	14 We
15 Sa	15 Tu	15 Tu	15 Fr	15 Su	15 We	15 Fr	15 Mo	15 Th	15 Sa	15 Tu	15 Th
16 Su	16 We	16 We	16 Sa	16 Mo	16 Th	16 Sa	16 Tu	16 Fr	16 Su	16 We	16 Fr
17 Mo	17 Th WB Cluster 1 Trials	17 Th	17 Su	17 Tu	17 Fr	17 Su	17 We	17 Sa	17 Mo	17 Th	17 Sa
18 Tu	18 Fr	HBD Cluster 3 <b>18 Fr</b> 10 - 12 Netball trial 2	18 Mo	18 We	18 Sa	18 Mo	18 Th	18 Su	18 Tu	18 Fr	18 Su
19 We	19 Sa	19 Sa	19 Tu	19 Th	19 Su	19 Tu	19 Fr	19 Mo	19 We	19 Sa	19 Mo
20 Th	20 Su	20 Su	20 We WB Cluster 2 Trials 10-12yrs	20 Fr	20 Mo	20 We	20 Sa	20 Tu	20 Th	20 Su	20 Tu
21 Fr	21 Mo	21 Mo HBD Swimming Carnival 13-19yrs	21 Th Cluster Meeting	21 Sa WB 11yrs Boys League Trials	21 Tu HBD 10 -12 girls RL trial 1	21 Th HBD Meeting	21 Su	21 We	21 Fr	21 Mo	21 We
22 Sa	22 Tu	22 Tu HBD Cluster 1 AFL 10-12yrs Trials	22 Fr	22 Su WB 11yrs Boys League Trials WB 11yrs Netball	22 We	22 Fr	22 Mo	22 Th	22 Sa	22 Tu	22 Th
23 Su	23 We	23 We HBD 10-12yrs Cluster 1 Softball	23 Sa	23 Mo	23 Th	23 Sa	23 Tu	23 Fr	23 Su	23 We	23 Fr
24 Mo	HBD 24 Th Meeting Split	nom due Tennis	24 Su	24 Tu	24 Fr	24 Su		24 Sa	24 Mo	ALL	24 Sa
25 Tu	25 Fr	25 Fr 10 – 12 Year 5/6 Senior Gala Day	25 Mo ANZAC DAY	25 We	25 Sa	25 Mo HBD 10 -12 Athletics -	25 Th WB 13-19yr Athletics	25 Su	25 Tu	25 Fr swimming	25 Su Christmas

26 We aus day	26 Sa	26 Sa WB Girls Rugby 7's Trials 15-16yrs	26 Tu	26 Th	26 Su	26 Tu	26 Fr <sup>WB 13-</sup> 19yr Athletics Gala Day	26 Mo	26 We	26 Sa	26 Mo Boxing Day
27 Th	27 Su	27 Su	27 We	27 Fr	27 Mo	HBD 10 -12		27 Tu	27 Th	27 Su	27 Tu
28 Fr	28 Mo HBD Cluster 2 Trials 13-	28 Mo	28 Th HBD X-Country nominations	28 Sa	28 Tu	28 Th	28 Su	28 We	28 Fr	28 Mo	28 We
29 Sa		29 Tu WB Cluster 1 Trials 10-12yrs	29 Fr	29 Su	29 We	29 Fr HBD 10 -12 Athletics – T&F	29 Mo	29 Th	29 Sa	29 Tu	29 Th
30 Su		30 We	30 Sa	30 Mo	30 Th	30 Sa	30 Tu	30 Fr	30 Su	30 We	30 Fr
31 Mo		31 Th WB Cluster 3 Trials 13-19yrs		31 Tu <sup>10-19</sup> WB X-		31 Su	31 We		31 Mo		31 Sa

#### HBD & WB 13-19yrs Key Dates:

HBD Cluster 1 Trials- Friday 11th February \*CHANGE WB Cluster 1 Trials- Thursday 17<sup>th</sup> February HBD Cluster 2 Trials- Monday 28<sup>th</sup> February WB Cluster 2 Trials- Thursday 10<sup>th</sup> March HBD Cluster 3 Trials- Monday 16<sup>th</sup> March \*CHANGE HBD Swimming Carnival- Monday 21<sup>st</sup> March \*CHANGE WB Cluster 3 Trials- Thursday 31<sup>st</sup> March HBD Cross Country- Tuesday 31<sup>st</sup> March HBD Cross Country- Tuesday 31<sup>st</sup> May HBD Athletics Carnival- Tues 2<sup>nd</sup> & Wed 3<sup>rd</sup> August WB Athletics Carnival- Thurs 25<sup>th</sup> & Fri 26<sup>th</sup> August HBD Cluster 4 Trials- Wednesday 7<sup>th</sup> September

#### HB & WB Trials:

HB Cluster 1 (B'ball & Touch) – Tues 8th & Wed 9th March \*CHANGE WB Cluster 1 – Tues 29 – Wed 30 March (HB) HB Cluster 2 (AFL & Softball) – Tues 22<sup>nd</sup> & Wed 23<sup>rd</sup> March WB Cluster 2 – Thurs 20 – Fri 21 April (Gympie & HB) HB Cluster 3 (Netball – 11s & 12s) – Trial 1 – Fri 11<sup>th</sup> & Trial 2 - Fri 18<sup>th</sup> March HB Cluster 3 (12 RL, soccer, hockey) – Thurs 24<sup>th</sup> March HB Cluster 3 (Tennis) – paper nom due Thurs 24<sup>th</sup> March WB Cluster 3 – Thurs 5 – Fri 6 May (HB)) WB 11yrs Netball invitational – Sun 15 May (Sth Burnett) HB 11yrs RL – Thurs 31<sup>st</sup> March WB 11yrs RL – Sat 14 – Sun 15 May (Sth Burnett) HB Cross Country – Tuesday 3<sup>rd</sup> May – Noms due by Thurs 18<sup>th</sup> April WB Cross Country – Tues 31<sup>st</sup> May (Gympie) HB Girls RL – 21<sup>st</sup> June, 12<sup>th</sup> July, 13<sup>th</sup> July WB Girls RL – Sat 6<sup>th</sup> – Sun 7<sup>th</sup> August (North Burnett) HB Athletics - Mon 25<sup>th</sup> (1500m), Wed 27<sup>th</sup> (800m), Fri 29<sup>th</sup> (T & F) – Noms due by Thursday 14<sup>th</sup> July WB Athletics – Tues 23<sup>rd</sup> August (Gympie) HB Cricket – Tues 9th August

### Appendix 2a: 2022 WIDE BAY SCHOOL SPORT CALENDAR (current

02/11/21) VERSION #4

January	27 [Wed]	Beginning of School Year
February	9 [Tues]	WBSS M'ment Meeting – AGM [Maryborough RSL]
	18 [Thurs]	WB Cluster 1 Trials -13-19yrs [Grp1&2 - Sball,Tennis, AFL 13-15y B&G, Golf, RU 15/18Y]
	19[Fri] 10-12 & 13-	Close of Noms - WB Swimming (10-12yrs) & WB Swimming Team (13-19 yrs)
March	04 [Thurs]	Wide Bay School Sport Board AGM [M'boro]
	16 [Tues]	WB Cluster 2 Trials -13-19yrs[Grp 3,4,5 - R/L B/G; FballB/G; Nball; Bball; Squash;
	30-31 [Tues-Wed]	WB Cluster 1 10-12yrs Softball B/G [Maryborough] & 10-12yrs AFL Trials inc GIRLS [Sth
April	02-18[Fri-Sun]	Easter Vacation
	20-21 [Tues/Wed]	WB Cluster 2 Trials - 10-12yrs Touch B/G [Bundaberg] & 10-12yrs Bball B/G [Sth B]
	22 [Thurs]	WB Cluster Trials 3 -13-19yrs[Grp 6,7 - Touch 15/18y; HockeyB&G Vball 15&19y B&G]
	24-25 [Sat/Sun]TBC	WB 11-12yrs Boys R League Emerging Talent Camp TBC
May	02 [Sun]*	WB 15-16yrs Girls Rugby 7's Trials
	06-07 [Thurs/Fri]	WB Cluster 3 Trials(10-12yrs Netball, RL, Hoc, Fball & Tennis) [Hervey Bay]
	08 [Sat]	WB11yr Netball Invitational Trials [Hervey Bay]
	13 [Thur]	Wide Bay School Sport Board Meeting [M'boro]
	15-16[Sat/Sun] *	WB 11yr Boys Rugby League Trials [Hervey Bay]
June	01 [Tues]	WB 10-19yrs Cross Country Trials [Nth Burnett]
	15 [Tues]	WB 10-19yrs AWD Football Gala Day [M'boro]
July	26 June - 11 July	Winter Vacation
	17-18 July [Sat-Sun]	WB 10-12yrs Girls Rugby League Emerging Talent Camp TBC
	27 [Tues]	Wide Bay School Sport Management Meeting [M'boro]
August	7-8 Aug [Sat-Sun]	WB 12yrs Girls Rugby League Trials [Hervey Bay]
	11 [Wed]	Wide Bay School Sport Board Meeting [M'boro]
	17 [Tues]	Close of District Nominations – WB 10-12yrs & 13-19yrs Track & Field
	24 [Tues)	WB 10-12yrs Track & Field Trials [Sth Burnett]
	26-27[Thurs-Fri]	WB 13-19yrs Track & Field Trials [Sth Burnett]
September	05-07 [Sun- Tues]	WB 10-12yrs Boys/Girls Cricket Trials [Gympie]
	12 [Sun]	10-12yrs Athletics Training Camp [Maryborough]
	12 [Sun]	WB 13-14yrs Boys and Girls Futsal Trials [TBC]
	18 Sep - 04 Oct	Spring Vacation
October	08[Fri]	Nominations for WB Conv/Coaches/Managers CLOSE
	11 [Mon]	WB 13-15yr Boys and Girls Cricket Trials (Gympie)
	12 [Tues]	WB 16-19yr Boys Cricket Trials for 2022 (Gympie)
	29 [Fri]	WBSS M'ment Meeting [Maryborough]
November		
	11 [Thurs]	WBSS Board Meeting [Maryborough]
	13 [Sat] TBC	WB Triathlon/Aquathlon Trials for 2022 [Hervey Bay]
December	10 [Fri]	End of School Year

### Appendix 2b: 2022 Queensland School Sport (QSS) Calendar (Version 2 current as of 2/12/21)

	A	В	С	D	E	F	G	Н	I	J	к
	Sport	Age Division	2022` Start Date	2022 Finish Date	Venue	No. of Regions	No. of Teams	Host Region 2022	Participating Regions / Teams	2022 National Date	2022 National Venue
2	Triathlon & Aquathlon	13 - 19 yrs B & G 11 - 12 yrs B & G (Sat only)	Thursday, 17 February 2022	Saturday, 19 February 2022	Hervey Bay	11	11	WB	CAP, DDR, MER, MNR, MWR, NWR, NOR ,PEN, SCR, <del>SWR</del> , SUN, WBR.	6 - 9 SEPT	QLD Hervey Bay
3	Cricket**	13 - 15 yrs Boys**	Sunday, 20 February 2022	Thursday, 24 February 2022	Captain Cook Fields, Toowomba Grammar & Downlands College	10	10	DD	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	19 - 23 SEPT	QLD TBC 15 U
4	Cricket	16 - 19 yrs Boys	Sunday, 6 March 2022	Tuesday, 8 March 2022	Rockhampton Cricket Ground, Kalka Shades	10	10	CAP	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR,	19 - 23 SEPT	QLD TBC 15 U
5	Baseball	12-14 / 14 - 18 yrs	Thursday, 10 March 2022	Sunday, 13 March 2022	Runcorn Indians, Runcorn	6	12	MW	CAP,MER, MNR, MWR, NWR, NOR, PEN,SCR, SWR, SUN, WBR.	14 - 20 AUG TBC	NSW - Lismore 18 U 14 U TBC
6	Tennis	13 - 19 yrs B & G	Thursday, 10 March 2022	Sunday, 13 March 2022	Caloundra	11	11	SUN	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> NOR,PEN, SCR, SWR, SUN, WBR.	27 AUG- 3 SEPT	WA - Perth 18 U
7	Swimming	10 - 12 yrs B & G	Monday, 21 March 2022	Wednesday, 23 March 2022	Sleeman Sports Complex, Brisbane	12	12	DD	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	19 - 23 AUG	QLD - Brisbane 10 - 12
8	Softball	13 - 19 yrs B & G	Thursday, 24 March 2022	Sunday, 27 March 2022	Redlands Softball Club	10	17	ME	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR(G) , PEN(G), SCR(G), <del>SWR</del> , SUN, WBR.	10 - 17 SEPT	WA - Perth 17 U
9	Swimming	13 - 19 yrs B & G	Thursday, 24 March 2022	Saturday, 26 March 2022	Sleeman Sports Complex, Brisbane	12	12	DD	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	15 - 20 AUG	QLD - Brisbane 13 - 19
10	Cricket	16 - 19 yrs Girls (Invitational)	Sunday, 27 March 2022	Tuesday, 29 March 2022	Gympie	8	8	WB	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> <del>NOR,PEN</del> , SCR, <del>SWR</del> , SUN, WBR,	19 - 23 SEPT	QLD TBC 15 U
11	Easter Vacation		Saturday, 2 April 2022	Monday, 18 April 2022							
12	Water Polo	13 - 19 yrs B & G	Thursday, 28 April 2022	Sunday, 1 May 2022	Valley Pool, Fortitude Valley	8	16	MN	CAP, DDR, MER, MNR, MWR, NWR, NOR, PEN, SCR, SWR, SUN, WBR.	22 - 26 JULY	QLD - Peregian Springs17 U
13	Football	13 - 15 & 16 - 19 Girls	Thursday, 5 May 2022	Sunday, 8 May 2022	Marlin Coast Rangers FC, Trinity Beach	10	20	PEN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	11- 16 SEPT	NSW -Sydney 16 B / 18G
14	Netball	13-15 & 16 - 19 yrs	Thursday, 5 May 2022	Sunday, 8 May 2022	Toowoomba	12	24	DD	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	24 - 29 JULY TBC	ACT - Canberra 15 U 19U TBC
15	Rugby League	14 - 15 & 16 - 18 yrs Girls	Thursday, 5 May 2022	Sunday, 8 May 2022	Marley Brown Park, Gladstone	11	22	САР	CAP, DDR, MER x 2, MNR, MWR, NWR, NOR, PEN, SCR, SWR(15), SUN, WBR(15).		
16	Touch	16-18 yrs B & G	Thursday, 12 May 2022	Sunday, 15 May 2022	Queens Park, Townsville	11	24	N	CAP(B x 2), DDR, MER (Gx2), MNR, MWR, <del>NWR</del> , NOR, PEN, SCR, SWR, SUN, WBR.	27 SEPT - 1 OCT	QLD - Kawana 18U
17	Basketball	16 -18 yrs B & G	Thursday, 19 May 2022	Sunday, 22 May 2022	Toowoomba	10	20	DD	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	13 - 19 AUG	VIC - Bendigo 12U /18U
18	Hockey	13 - 19 yrs Boys	Saturday, 21 May 2022	Tuesday, 24 May 2022	Ipswich Hockey, Ipswich	10	10	MW	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, SWR, SUN, WBR.	30 JULY- 6 AUGSEPT (TBC)	TAS - Hobart 16 U 19U (TBC)
19	Rugby League	14 - 15 & 16 - 18 yrs Boys	Saturday, 21 May 2022	Tuesday, 24 May 2022	Burleigh Bears RLFC, Mermaid Waters	12	24	sc	CAP, DDR, MER, MNR, MWR, NWR(15), NOR, PEN, SCR(18 x 2), SWR, SUN, WBR.	2 - 8 JULY	QLD - Redcliffe 15U
20	Golf	10 - 19 yrs B & G	Sunday, 22 May 2022	Wednesday, 25 May 2022	The Willows Gc / Townsville GC / Rowes Bay GC, Townsville	10	10	N	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN*, SCR, <del>SWR</del> , SUN, WBR.	13 - 17 NOV 21 - 26 AUG	ACT - Canberra 12U VIC - Bellarine Peninsula18U

21	Aust. Football	13 - 15 yrs B & G	Thursday, 26 May 2022	Sunday, 29 May 2022	Hervey Bay	10	20	WB	CAP, DDR, MER, MNR, MWR, NWR, NOR(B), PEN, SCR (Gx2), <del>SWR</del> , SUN, WBR.	23 - 30 JULY	NSW - Lavington 15U
22	Basketball	10 - 12 B & G	Thursday, 26 May 2022	Sunday, 29 May 2022	Mackay Basketball Stadium, Mackay	10	20	CAP	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	13 - 19 AUG	VIC - Bendigo 12U / 18U
23	Rugby Union (boys) Rugby 7's (girls)	17 - 18 yrs Boys 15 - 16yrs Girls (Sat & Sun)	Thursday, 26 May 2022	Sunday, 29 May 2022	Sunnybank RUFC, Brisbane	10	18	ME	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR(B), PEN(B), SCR, <del>SWR</del> , SUN, WBR.	2 - 9 JULY	NSW- Sydney 18 B
24	Squash	10 - 19 yrs B & G	Thursday, 26 May 2022	Sunday, 29 May 2022	Sportsworld, Westcourt - Cairns	7	7	PEN	CAP, DDR, <del>MER</del> , MNR, MWR, <del>NWR</del> , NOR,PEN, <del>SCR, SWR, SUN</del> , WBR.	24 - 28 AUG	QLD - Daisy Hill. 19 U
25	Hockey	13 - 19 yrs Girls	Thursday, 2 June 2022	Sunday, 5 June 2022	Gold Coast Hockey Centre, Labrador	10	20	SC	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, S <del>WR</del> , SUN, WBR.	30 JULY- 6 AUGSEPT (TBC)	TAS - Hobart 16 U 19U (TBC)
26	Aust. Football	10 - 12 yrs B & G	Thursday, 9 June 2022	Sunday, 12 June 2022	Maroochydore JAFC, Maroochydore	10	21	SUN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR(B)	6 - 13 AUG	SA - Adelaide 12 U
									, PEN, SCR (Bx2), <del>SWR</del> , SUN, WBR,CRUSADERS(B)		
27	Touch	13 - 15 B & G	Thursday, 9 June 2022	Sunday, 12 June 2022	Pirates Touch - Aeroglen, Cairns	11	24	PEN	CAP, DDR, MER (Gx2), MNR, MWR, <del>NWR,</del> NOR, PEN, SCR (Bx2), SWR, SUN, WBR.	14 - 19 AUG	NT - Darwin 12U / 15U
28	Hockey	10 - 12 yrs B & G	Thursday, 16 June 2022	Sunday, 19 June 2022	lpswich Hockey, lpswich	11	21	MW	CAP, DDR, MER, MNR, MWR, NWR (B only),NOR, PEN, SCR, <del>SWR</del> , SUN, WBR.	21 - 26 AUG	ACT - Canberra 12 U
29	Netball	10 - 12 yrs	Thursday, 16 June 2022	Sunday, 19 June 2022	Townsville	12	12	N	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	17 - 23 SEPT	NSW - Illawarra 12 U
30	Touch	10 - 12 yrs B & G	Thursday, 16 June 2022	Sunday, 19 June 2022	BMTA - Whites Hill Sporting Complex	12	24	ME	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	14 - 19 AUG	NT - Darwin 12U / 15U
31	Volleyball	12 - 15 & 16 - 19 yrs B & G	Thursday, 16 June 2022	Sunday, 19 June 2022	Nissan Arena, Nathan	10	38	MN	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> NOR(18), PEN, SCR, <del>SWR</del> , SUN, WBR.	22 - 26 AUG (TBC)	QLD - Caloundra 15 U 19yrs (TBC)
32	Rugby League	11 - 12 yrs Boys	Thursday, 23 June 2022	Tuesday, 28 June 2022	Maroochydore JRLFC	12	12	SUN	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	30 JULY - 6 AUG	WA - Port Kennedy 12 U
33	Winter Vacation		Saturday, 25 June 2022	Sunday, 10 July 2022							
34	Rugby League	10 - 11 yrs (Invitational)	Monday, 4 July 2022	Friday, 8 July 2022	Townsville Reserve, Townsville	10	10	N	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.		
35	Cross Country	10 - 19 yrs B & G	Saturday, 16 July 2022	Monday, 18 July 2022	Rivermount College, Yatala	12	12	SC	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	26- 29 AUG	SA - Adelaide 10-19 U
36	Football	13 -16 & 17-19 Boys	Thursday, 21 July 2022	Sunday, 24 July 2022	Maroochydore Football Club	10	20	SUN	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	11 - 16 SEPT (tbc)	NSW-Sydney 16 B / 18 GTBC 19 B U
37	Rugby Union	14 - 15 yrs Boys	Thursday, 21 July 2022	Sunday, 24 July 2022	Hervey Bay	10	10	WB	CAP, DDR, MER, MNR, MWR, <del>NWR,</del> NOR,PEN, SCR <del>SWR</del> , SUN, WBR.		
38	Football	10 - 12 yrs B & G	Thursday, 28 July 2022	Sunday, 31 July 2022	Wynnum Wolves FC, Tingalpa	12	24	ME	CAP, DDR, MER, MNR (Gx2), MWR, NWR(B)NOR, PEN, SCR, SWR, SUN, WBR	16 - 21 OCT	NT - Darwin 12 U
39	Rugby Union	11 - 12 yrs Boys	Thursday, 28 July 2022	Sunday, 31 July 2022	Rugby Park, Rockhampton	9	10	САР	CAP, DDR, MER x2, MNR, MWR, <del>NWR</del> ,NOR, PEN, SCR <del>SWR</del> , SUN, <del>WBR</del> .		
40	Basketball	13 - 15 yrs B & G	Thursday, 4 August 2022	Sunday, 7 August 2022	TBC - Brisbane North	10	20	MN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, SW <del>R</del> , SUN, WBR.		
40	Surfing	13 - 19 yrs B & G	Thursday, 4 August 2022	Sunday, 7 August 2022	Gold Coast - Various Beaches	6	6	SC	CAP, DDR, MER, MNR, MWR, NWR, NOR, PEN, SCR, SWR, SUN, WBR.	TBC	твс
42	Netball *10-11 yrs	10 - 11 yrs (Sat & Sun)	Saturday, 13 August 2022	Sunday, 14 August 2022	Caloundra Indoor Stadium, Caloundra	9	9	SUN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, SWR, SUN, WBR.		

43	Tennis	10 - 12 yrs B & G	Thursday, 18 August 2022	Sunday, 21 August 2022	Cairns international Tennis Centre, Cairns	11	12	PEN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, SWR, SUN, WBR, INV.	22 - 29 OCT	ACT - Canberra 12 U
44	Softball	10 - 12 yrs B & G	Thursday, 25 August 2022	Sunday, 28 August 2022	Ipswich Softball, Ipswich	11	18	MW	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR(G), PEN(B), SCR(G),SWR(G),SUN,WBR.	20 - 25 NOV	VIC - Waverly 12 U
45	Rugby League	11 - 12 yrs Girls	Thursday, 15 September 2022	Sunday, 18 September 2022	West Arana RLFC, Arana Hills	11	12	MN	CAP, DDR, MER x 2, MNR, MWR, MWR, NOR, PEN, SCR, SWR, SUN, WBR		
46	Spring Vacation		Saturday, 17 September 2022	Monday, 3 October 2022							
47	Track & Field	10 - 12 yrs B & G	Tuesday, 11 October 2022	Wednesday, 12 October 2022	QSAC Nathan, Brisbane	12	12	sw	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	17 - 21 NOV	QLD - Brisbane 12 U
48	Track & Field	13 - 19 yrs B & G	Thursday, 13 October 2022	Sunday, 16 October 2022	QSAC Nathan, Brisbane	12	12	sw	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.		
49	Cricket	10 - 12 yrs Boys	Sunday, 16 October 2022	Thursday, 20 October 2022	Rockhampton Cricket Ground, Kalka Shades	12	12	NW	CAP, DDR, MER, MNR, MWR, NWR, NOR,PEN, SCR, SWR, SUN, WBR.	19 - 26 NOV	VIC - Bendigo 12 U
50	Cricket	10 - 12 yrs Girls	Sunday, 16 October 2022	Wednesday, 19 October 2022	Ivor Madsen Sports Complex, Ipswich	9	10	MW	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , <del>NOR,PEN</del> , SCR, SWR, SUN, WBR, NQ INV.	19 - 26 NOV	VIC - Bendigo 12 U
51	Cricket	13 - 15 yrs Girls	Sunday, 6 November 2022	Tuesday, 8 November 2022	Brisbane Grammar Fields, Northgate	8	8	MN	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , <del>NOR,PEN</del> , SCR, <del>SWR</del> , SUN, WBR.	TBC 2023	QLD TBC 15 U
52	Football (Futsal)	13 - 14 yrs B & G	Thursday, 24 November 2022	Saturday, 26 November 2022	Nissan Arena, Nathan	7	14	ME	<del>CAP</del> , DDR, MER, MNR, MWR, <del>NWR</del> , <del>NOR,</del> PEN, SCR, <del>SWR</del> , SUN, WBR,		
53	Cricket	13 - 15 yrs Boys	Sunday, 27 November 2022	Thursday, 1 December 2022	Bundaberg	10	10	WB	CAP, DDR, MER, MNR, MWR, <del>NWR</del> , NOR,PEN, SCR, <del>SWR</del> , SUN, WBR.	TBC 2023	QLD 15 U
54											
55	**13-15 Yrs Boys Cricket Sta	te Championship rescheduled from 2021									



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT



Sport Overview:	Xavier has often competed in various local and regional school-based AFL competitions. This year, students can potentially compete in a 'knock-out' style competition. Mr Nathan Milne is the AFL Manager ( <u>nmilne@bne.catholic.edu.au</u> ) and Mr Paul Damms Mr Ash Humphries are coaches.
Major Competitions:	<ul> <li>2022 AFLQSCUP: knockout competition with potential Xavier teams including: <ul> <li>Junior Female: Grades 7-9 (16-a-side)</li> <li>Junior Male: Grades 7-9 (18-a-side)</li> <li>Senior Female: Grades 10-12 (16-a-side)</li> <li>Senior Male: Grades 10-12 (18-a-side)</li> </ul> </li> <li>Girls AFLX: local 9-a-side competition for girls only</li> </ul>
Estimated Costs:	2022 AFLQSCUP: travel costs only
Uniform Information:	Playing strips provided by the College. Students would need to purchase Xavier Football socks (\$7.50) from the uniform shop.
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Teams would likely train once to twice a week during lunchtimes in the lead up to this competition.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT



Sport Overview:	Xavier competes in the Fraser Coast Schools Competition that takes place typically Thursday afternoons in Term 3. This
	Competition offers divisions for Open Girls, Years 7-10 Boys & Open Boys. With the improvement of our Xavier Basketball
	squad in recent years, we have flirted with the option of entering in the State CBSQ Tournament. This is an Open age
	division which is run during the September holidays. These teams are coached and managed by Mr Matthew Ninnes
	mninnes@bne.catholic.edu.au, Mr Tom Riggs and Mr Ash Humphries.
Major Competitions:	Fraser Coast Inter-school Basketball: Usually 8 weeks in Term 3. Games are typically Thursday afternoons at HBSHS.
	Juniors and Girls 3:45pm. Open Boys 4:30pm.
	CBSQ Tournament: September 17-20. Logan, Cornubia, Mt Warren.
	May also require 3-day Wildcard Qualifying Tournament in Brisbane (most likely in August).
	OR
	Random entry 2 teams from Central/Northern school zones via Wildcard Draw (Capricornia, North West, Northern, Peninsula,
	South West, Wide Bay).
Estimated Costs:	Fraser Coast Inter-school Basketball: \$10 to cover costs of finalist's medallions and refs.
	<b>CBSQ:</b> \$500-600 At this is a very rough cost estimate based off similar sports competitions. This would cover
	Accommodation, transport, food, nomination fee etc.
Uniform Information:	Compulsory Items: School jerseys are provided.
	Non-compulsory Items: In the past the Senior Boys have negotiated a jersey and shorts to keep at a cost of \$50. This can
	be negotiated for all teams, however all players must be in agreeance.
	Grey hoodie (\$46).
Player Selection	Usually, a Player Selection Process is needed to select teams. This occurs towards the end of Term 1, early Term 2.
Process:	
Training:	Typically, all teams train once a week on Tuesday mornings (7:00am – 8:15am) starting Term 2. Training is compulsory and
	students are expected to advise their coach (preferably verbally) if they are unable to make training.
	students are expected to advise their coach (preferably verbaily) if they are drable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **CRICKET** T20 STATE CHALLENGE

Sport Overview:	Xavier has traditionally competed at a very high level in this competition, with several appearances at Southern QLD Finals
	Days. Matches take place throughout the Year however it is a knockout competition, meaning one loss is the end of the
	season. This Competition offers divisions for Intermediate Female (Yr 7-9), Intermediate Male (Yr 7-9) and Senior Male (Yr
	7-12). These teams are coached by Mrs Simone Collins or Mr Tom Riggs with Mr Matthew Ninnes or Mr Mike Ritter as
	Manager. <u>skcollins@bne.catholic.edu.au</u>
Major Competitions:	T20 State Challenge: Knockout Competition.
	1 <sup>st</sup> Round – Hervey Bay
	2 <sup>nd</sup> Round – Maryborough
	Regional Final – Gympie / Bundaberg / Maryborough.
	South QLD Finals – Brisbane / Sunshine Coast.
	Finals – Brisbane (Alan Border Field).
Estimated Costs:	<b>T20 State Challenge:</b> As this is a knockout competition fees are calculated per game. Round 1 fixture is usually \$12
	Approx. Round 2 \$18 Approx. Subsequent rounds are \$25 approx. These costs cover team nomination, grounds fees
	when required, and ball costs.
Uniform Information:	Compulsory Items: Cricket White Pants.
	Non-compulsory Items: XCC XI Personally numbered Xavier Baggy (\$35.50).
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Typically, training is challenging with no net facilities on campus. We will negotiate lunch time fielding drills, and
	afternoon net sessions as required. Training is compulsory and students are expected to advise their coach (preferably
	verbally) if they are unable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **EQUESTRIAN**

Sport Overview:	Xavier competes in both official and unofficial interschool competitions. The unofficial competition is held at Maryborough each year in Mid-August and hosted by Riverside Christian College. Official Interschool Events are held by members of Equestrian Queensland Interschool at a variety of places including Gympie, Brisbane, Toowoomba, Sunshine Coast and Pomona. In 2022
	Interschool state titles will be held on 27 <sup>th</sup> June – 2 <sup>nd</sup> July in Maryborough and all students who achieve qualifiers are welcome to
	attend. To participate in Official Interschool Equestrian competitions, students must be members of Equestrian Australia. Those students who wish to compete at state titles must also ensure their horses have full registration at Equestrian Queensland. Due to
	health and safety concerns all students must be accompanied by a parent or caregiver to all events. All members of the equestrian team must have access to their own horses. The Equestrian Manager is Ms Ro Hall ( <u>Roanna.Hall@bne.catholic.edu.au</u> )
Major Competitions:	Fraser Coast Inter-school Equestrian Competition: Usually mid August (TBA)
	EQ Interschool Wide Bay Regional Competition – QSEC Caboolture March 4 <sup>th</sup> -6 <sup>th</sup> March 2022
	EQ Interschool Showjumping – Gympie showgrounds 26 <sup>th</sup> March 2022
	Pomona Showgrounds April 23rd, 2022
	<b>EQ Interschool State Competition</b> (Showjumping, Show Horse, Showman, and Dressage) Maryborough Showgrounds 27 June – 2 July 2022
Estimated Costs:	Interschool competitions costs are determined by the hosting school. Stabling ranges from \$15 per day at Maryborough to \$50 per day at QSEC. Event costs vary.
Uniform Information:	<b>Compulsory Items:</b> Beige and/or white Jodphurs, White shirt, Black/brown Tall Boots or riding boots and chaps, Australian approved helmet. Saddle cloths and equestrian uniforms will be distributed at competitions.
Selection Process:	All students are welcome to participate in equestrian events. However students must have their own horse. Transport may be available with other students travelling to the event.
Training:	Staff at Xavier are not qualified to provide training for equestrian events. However we would recommend that all riders attend clinics and become members of local riding organisations such Fraser Coast Horse Trials, Hervey Bay Active Riders, Hervey Bay or Maryborough Pony Clubs where they receive regular instruction by qualified and insured instructors.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **FUTSAL**

Sport Overview:	Futsal is five a side indoor soccer. It is a fast-paced game that is complementary to outdoor soccer in terms of skills development. Key staff organisers include Mr Nathan Milne ( <u>nmilne@bne.catholic.edu.au</u> ), Mrs Tracy Grambower ( <u>tgrambower@bne.catholic.edu.au</u> ) and Mr Chris Relf ( <u>crelf@bne.catholic.edu.au</u> ).
Major Competition:	Fraser Coast School Titles (8 <sup>th</sup> to 11 <sup>th</sup> March) Tuesday 8th - 16/19 Boys Wednesday 9th - 13/14/15 Boys Thursday 10th - 10's -12's Mixed Friday 11th - 13/14/16/19 Girls
Estimated Costs:	Approx \$25 per player for the local competition day
Uniform Information:	Compulsory Items: Shin pads; non-slip flat soled shoes; Xavier football socks.
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Lunch times as required. Training is compulsory, students are expected to advise their coach (preferably verbally) if they are unable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# HOCKEY

Sport Overview:	Traditionally we have entered an Open Boys and an Open Girls team in a local Wide Bay competition. Our teams have always been quite successful in this sport. We would like to increase our participation in Hockey events this year. Mrs Pritchard will coach and manage both teams. ( <u>lynette.pritchard@bne.catholic.edu.au</u> )
Major Competitions:	Wide Bay Schools Hockey Cup: Usually held in Week 3 Term 3 held at either Hervey Bay, Maryborough or Gympie hockey fields. If it is in Maryborough or Gympie we travel by bus. 1 day carnival.
	<b>QLD All Schools Hockey Cup:</b> Usually held in Toowoomba in Term 4 (October). Dates TBC. Student travel and accommodation will be with the team. Travel and accommodation TBC.
Estimated Costs:	Wide Bay Schools Hockey: \$40 includes bus costs, turf fees, 1 <sup>st</sup> aid and referees. QLD All Schools Hockey Cup: TBC – Dependant on travel, accommodation and team registration fees.
Uniform Information:	<b>Compulsory Items:</b> playing socks and shorts. These do not need to be purchased each year if a student already has one. Students should also have their own protective equipment e.g. mouthguard, shin pads. Shirts will be provided. <b>Non-compulsory Items:</b> grey hoodie (\$46), visor (\$12), cap (\$19), bag (\$38.50), backpack (\$33.50)
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Training isn't required for the Wide Bay Schools Hockey Cup. However, a weekly training will be required if we compete at Qld All Schools Hockey Cup beginning in Term 3. Training times TBC. Training is compulsory and students are expected to advise their coach (preferably verbally) if they are unable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# FC (HPV) TECH CHALLENGE

Sport Overview:	Xavier's participation in Human Powered Vehicle (HPV) now called, Pedal Prix is limited to the Fraser Coast Technology Challenge 24 hr endurance race. The College enters a Junior team (Year 7-9) and a Senior Team (Year 10 – 12). Each team consists of 8 students. Mr Graham Bebington is the HPV Co-ordinator ( <u>Graham.Bebington@bne.catholic.edu.au</u> )
Major Competitions:	<b>Fraser Coast Technology Challenge: 24 hrs endurance:</b> This will be our main event in 2022. The event due to take place from the 26 <sup>th</sup> to the 28 <sup>th</sup> August <b>2022</b> in the streets surrounding Maryborough State High School. The venue may change in 2022. An entire weekend is dedicated to this race. Students are required to make their own travel arrangements to and from the event.
Estimated Costs:	<b>HPV 2022 participation fee:</b> \$100 includes, food at the event, a shirt and competition entry fees, loan of cycling shoes.
Uniform Information:	<b>Compulsory Items:</b> Normal school shorts or cycling shorts are encouraged. Cycling helmet, riding gloves and wraparound sunglasses are essential.
Team Selection:	Only 16 students will be selected. This decision is based on student involvement in the college and their previous levels of commitment to both sporting and cultural events. Fitness is essential.
Training:	Training sessions will be scheduled and will start in term 2 towards the end of June using the school fitness bikes. Training in the HPV's will take place on Sunday afternoons in the weeks leading up to the event. Participants will be required to attend a minimum of 2 training sessions per week. Various before and after school training sessions will be offered. Training is compulsory and students are expected to advise their coach (verbally) if they are unable to make training. Some students may also be asked to be involved in HPV preparation (painting, construction of the body work etc.). Because this race is physically demanding, all riders will be required to be fit enough to race.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT



Sport Overview:	Xavier has a long history of successful netball representation. Throughout the year, the college is represented several times, through:
	entering three local competitions, the major Queensland Independent Secondary School Netball Competition (QISSN), and a few friendly
	games against other local Catholic schools. This year the school will have a Middle and Senior school training squad, with the final teams
	chosen from this selection. The school may also have the opportunity to include a 13's in one of the competitions throughout the year.
Major	• Fast 5: An all-day Friday event held in March at Fraser Coast Anglican College. Minimal cost if any. Own transportation to and from
Competitions	venue required. School Netball uniforms will be worn. Only 7 girls selected to represent a middle and senior team.
-	• Interschool competition: Term 2, possibility of a one day competition, usually held at Hervey Bay High School. Xavier will enter a middle and senior team, possibility of a 13's team. Own transportation to venue will be required.
	<ul> <li>Vicki Wilson Cup: A one-day regional competition held in Term 2, likely in Bundaberg. This could lead to representation in Brisbane on the 5<sup>th</sup> – 6<sup>th</sup> August. Year 7-9 and Year 10-12 teams will represent Xavier. Minimal cost to cover umpires and uniforms will be either QISSN dresses or supplied uniforms.</li> </ul>
	• QISSN: During the first week of July school holidays (27 <sup>th</sup> June – 2 <sup>nd</sup> July), a selected team of Xavier's best representative players will
	travel to Brisbane to play in the week-long competition. Uniform will have to be purchased at players own cost, accommodation for the
	week will be with the team, and the transport to and from the game will be with the team.
	• Shalom and St Mary's Game: A friendly match for the selected QISSN team against other local Catholic schools to prepare them for the
	upcoming Competition, no cost, QISSN uniforms and transport will be arranged. DATES TBA
Estimated	Fast 5: \$10 includes team entry and referees.
Costs:	Interschool: \$10 includes team entry fees and referees.
	Vicki Wilson: \$10 incudes team entry fees and referees.
	QISSN: <\$800 includes nomination costs, accommodation, travel, meals for 6 days.
Uniform	Compulsory Items: only if selected in the QISSN team, Dress (\$75), bike pants (\$32), polo (\$31) socks (\$12),
Information:	Non-compulsory Items: grey hoodie (\$46), visor (\$12), cap (\$19), bag (\$38.50), backpack (\$33.50)
	*All prices are a guide as we are waiting on 2019 price lists.
<b>Player Selection</b>	Player Selections for QISSN will take place early in the year. A QISSN team will be initially named, and the senior and middle teams for the
Process:	other competitions will be named a few weeks before the event. Times for trials will be advised through student notices.
Training:	Starting in Term 1, the QISSN team will train one morning a week (TBA), from 7am to 8am. Leading up to major competitions, teams may have some extra lunch time trainings. Training is compulsory, and students are expected to advise their coach (preferably verbally) if they are unable to make training. Training for other teams and competitions will be advised by coaches closer to competition dates.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **OZ TAG**

Sport Overview:	Oztag is a rapidly expanding sport within the college both within the primary and secondary areas. Where possible, the College will field teams in all ages groups from Year 4 and up depending on interest shown. Each team has its own coach. Mrs Kath Thompson is the Oztag Manager ( <u>kathryn.thompson@bne.catholic.edu.au</u> )
Major Competitions:	High School Regional Competition Maryborough/Hervey Bay: TBA
	Students' travel is private arrangements, organised by accompanying parents.
	QLD Oztag All Schools Tournament Sunshine Coast Sunshine Coast Stadium, 320 Nicklin Way, Kawana, QLD
	Friday July 30 @ 11:00 am – Sunday August 1 @ 5:00 pm
	Over 150 teams from 55+ schools will attend the event on the Sunshine Coast in 2022
	Students travel and accommodation is private arrangements, organised by accompanying parents.
Estimated Costs:	High School Regional Competition: TBA dependant on team registration fees.
	QLD Oztag All Schools Tournament Sunshine Coast TBA Dependant on team registration fees.
Uniform Information:	<b>Compulsory Items:</b> personalised playing shirt, Oztag pants (girls), shorts (boys), playing socks total cost is approximately \$80 own cost for football boots
	Non-compulsory Items: grey hoodie (\$46), visor (\$12), cap (\$19), bag (\$38.50), backpack (\$33.50)
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Training will be negotiated between coaches and their team. Training is compulsory and students are expected to advise
	their coach (preferably verbally) if they are unable to attend training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **RUGBY LEAGUE**

Sport Overview:	Xavier has grown to be a powerhouse in rugby league in the Fraser Coast region. The College enters multiple teams into local school-based competitions throughout the year: 13 Girls, 13 Boys, 15 Girls, 15 Boys, Open Girls, Open Boys. This is complemented by the sought after 'Confro' tour and Karyn Murphy Cup for girls. Each team has its own coach. Mr Tony McQuaid is the Rugby League Coordinator ( <u>tmcquaid@bne.catholic.edu.au</u> ).
Major Competitions:	<ul> <li>Broncos Challenge: Wednesday afternoons/nights in term 1. Matches played in either Maryborough or Hervey Bay culminating in finals in last week of term. Teams can progress to regional and state-wide knockout competitions.</li> <li>Confraternity Shield: The largest schoolboy competition in Australia played in first week of June/July holidays. 6 matches. Held at different colleges around QLD, Confro is a week-long tour open to boys turning 16 or older. Players travel and stay together for the duration of the tour including rest day.</li> <li>Karyn Murphy Cup: A rugby league pathway for female players and teams. Teams nominated by schools and progress through local gala days to state-wide knock-out competition.</li> <li>Confro Development Cup: New competition held over 2 days in Bundaberg in term 4. Open to players eligible for Confraternity Shield the following year. Team travels together and stays at Shalom College.</li> </ul>
Estimated Costs:	<ul> <li>Broncos Challenge/Karyn Murphy Cup: \$22, includes transport, training supplies, 1<sup>st</sup> aid and referees.</li> <li>Confraternity Shield: \$650 includes travel, accommodation, meals, team entry fees, 1<sup>st</sup> aid and playing kit (players keep).</li> <li>Confro Development Cup: No cost.</li> </ul>
Uniform Information:	Compulsory Items: Shorts (boys), playing socks. These do not need to be purchased each year. Confraternity: Players design & purchase kit to keep (approx. \$140) incl. jersey, shorts, socks, polo & training singlet. All players MUST wear a suitable mouthguard.
Player Selection Process:	Broncos Challenge/Karyn Murphy: Open to all students subject to training attendance. Confraternity: Squad of 20 selected by coaching staff. Final squad selected at the end of Broncos Challenge based on playing performance and commitment to training.
Training:	Typically, all teams train once a week on Tuesday mornings (7:00am – 8:00am) starting early Term 1. Leading up to major competitions (eg Confro), teams may train twice a week (Tuesday and Thursday mornings). Training is compulsory, and students must advise their coach (preferably verbally) if they are unable to attend. Players to attend all team meetings requested by staff.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **RUGBY UNION**

Sport Overview:	Xavier has a strong tradition in Rugby Union and in more recent years has moved towards Rugby 7s. The College enters multiple teams into a local based competition (FCAC 7s): 13 Boys, 15 Boys, Open Boys and in some years, we have also entered some girls teams. Mr Reagen Collier is the Rugby Union Manager ( <u>recollier@bne.catholic.edu.au</u> )
Major Competitions:	FCAC 7s: Friday March 18 <sup>th</sup> (first time this event is held on a school day)
Estimated Costs:	FCAC 7's: \$250 team nomination, which is shared between the 12 players i.e. \$20 per player.
Uniform Information:	<b>Compulsory Items:</b> students are to wear their school uniform to and from the tournament. There is no need to purchase jerseys for the tournament, however we do encourage students to purchase the football playing shorts (boys) & playing socks. These do not need to be purchased each year.
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Typically, all students train together during the lunch breaks leading up to the tournament in Week 7. As the training sessions are during school time, training is compulsory and students are expected to advise their coach (preferably verbally) if they are unable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **FOOTBALL (SOCCER)**

Sport Overview:	With the inaugural Hervey Bay Challenge Cup occurring in 2019 with great success, it is pleasing to now see opportunities for boys and girls of all ages in secondary to compete in inter-school soccer competitions.
Major Competition:	Bill Turner Soccer is an Under 15 Nation Wide knock out competition played in Term 2 and 3 of the year. It is for U15 boys and girls.
	<ul> <li>Hervey Bay Challenge Cup occurs in Term 4 (did not run in 2021) with games played on Wednesday afternoons at the sports precinct for the following teams: <ul> <li>Year 7-9 Girls</li> <li>Year 7-9 Boys</li> <li>Year 10-12 Girls</li> <li>Year 10-12 Boys</li> </ul> </li> </ul>
Estimated Costs:	Approx \$10 per player plus travel costs depending on success at the local level.
Uniform Information:	Compulsory Items: Shin pads; Football boots; Xavier football socks.
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Lunch times as required. Training is compulsory, students are expected to advise their coach (preferably verbally) if they are unable to make training.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# LIFESAVING

Sport Overview:	This sport and the associated championships offer students who are not in a Surf Life Saving Club, opportunities to engage in surf lifesaving events. The emphasis is on participation and teamwork given the nature of the events on offer. Whilst it is not a requirement to be a current member of SLS Australia all students are welcome to attend!
Competition:	Wide Bay Surf Life Saving Championships, Bargara – during the last week of term 3
Estimated Costs:	Nomination fee approx. \$10 and transport \$10
Uniform Information:	ТВА
Player Selection:	All students with interest and ability are welcome to participate in this event. Surf Lifesaving experience is not necessary for some events.
Training:	It is anticipated to compete at this event you would be able to compete in a variety of events including beach relays and flags. Optional events are swimming and Cameron relays (conditions apply). An adequate level of fitness would be expected to compete and specifically in certain events.



## XAVIER CATHOLIC COLLEGE 2022 INTERSCHOOL SPORT

# **TOUCH FOOTBALL**

Sport Overview:	Xavier has a strong tradition in Touch Football. The College enters multiple teams into 3 major school-based competitions throughout the year: 13 Girls, 13 Boys, 15 Girls, 15 Boys, Open Girls, Open Boys. Each team has its own coach. Mr Nathan Milne is the Touch Football Manager ( <u>nmilne@bne.catholic.edu.au</u> )
Major Competitions:	<ul> <li>Sunny Coast All Schools: In late July held at the Glasshouse Mountains Sports Fields. All students travel on the bus. 1 day carnival. Xavier's Participation in this carnival is not yet decided.</li> <li>Wide Bay All Schools: held in late August in Bundaberg</li> <li>All Hallows Carnival: In early August at Gregory Terrace Fields, Brisbane. Girls only carnival. Xavier travels by bus the day before and stays overnight together.</li> <li>QLD All Schools: The largest touch football competition in the world, held Wednesday 5<sup>th</sup> to Sunday 9<sup>th</sup> October held in Gold Coast. Note well: 13yrs Girls &amp; Boys and 15yrs Girls &amp; Boys compete Wednesday to Friday and Open Boys &amp; Girls compete Friday to Sunday. Students travel and accommodation is private arrangements, organised by accompanying</li> </ul>
Estimated Costs:	parents. Sunny Coast All Schools: \$52 includes bus costs, team entry, 1 <sup>st</sup> aid and referees. Wide Bay All Schools: \$40 includes bus costs, team entry, 1 <sup>st</sup> aid and referees. All Hallows Carnival: \$65 includes travel, accommodation, dinner & breakfast, team entry fees, 1 <sup>st</sup> aid and referees. QLD All Schools: \$65 incudes team entry fees, 1 <sup>st</sup> aid and referees.
Uniform Information:	<b>Compulsory Items:</b> personalised playing singlet, bike pants (girls), shorts (boys), playing socks, polo shirt. These do not need to be purchased each year. If a student requires all these items, total cost is ~\$110 <b>Non-compulsory Items:</b> grey hoodie (\$46), visor (\$12), cap (\$19), bag (\$38.50), backpack (\$33.50)
Player Selection:	The need for a Player Selection Process is dependent on numbers on sign-on day.
Training:	Typically, all teams train once a week on Thursday mornings (7:15am – 8:15am) starting mid Term 2. Leading up to major competitions, teams train twice a week (Tuesday and Thursday mornings). Training is compulsory and students are expected to advise their coach (preferably verbally) if they are unable to make training.

#### **Appendix 4**: Supporting Documents for Player Selection Process

#### Winning versus Development Objectives (Horst Wein)

Good sport should <u>never</u> be sacrificed for winning at all costs. The following are guidelines aimed at making player development a priority. (Horst Wein, University Lecturer and coach from Germany)

Winning At All Costs	Player Development
If the more physically advanced players can guarantee a win, their behaviour and practice attendance are seen as less important than their performance.	Everyone is held to the same standard and given equal opportunity. Effort and behaviour on and off the field of play are key selection factors.
Underdeveloped, younger and less skilled players are forgotten.	Everyone has the right to play, regardless of physique and ability.
The focus on tactics is overemphasized.	Players can gain tactical experience in games.
Players must obey the coach's orders because winning is the only thing that matters.	A participatory environment is encouraged. The focus is less about winning, and more about improving performance.
Winning only happens when players are taught to be dishonest, create traps and deceive opponents and referees.	Win or lose, players are taught the values of sportsmanship, honesty and respect for rules.
Players do as the coach's game plan says, without any room for improvisation.	Improvisation, creativity and imagination from the players is encouraged by the coach.
Players specialize in their roles prematurely.	Coaches give the players the opportunity to experience different positions.
Some players aren't provided with opportunities to play.	Everyone plays, regardless of ability.
Physical skill is overemphasized because these factors get results most quickly.	Players gain coordination and the ability to play under different conditions when they are exposed to various competitions each season.
Younger players are prematurely exposed to competition that is not age-appropriate.	Younger players are exposed to age-appropriate competition (i.e. 3 vs. 3 for 6 yr. olds), which makes for a more efficient learning environment.
In the interest of winning, training relies primarily on traditional methods of teaching.	In the interest of understanding the game and making fewer mistakes, training emphasizes the discovery of skills and capacities in simplified games.
Everything connected to the sport is valued over the individual. Dubious behaviour is frequently accepted.	Priority is given to personal development through sport. Sport is regarded as "training for life".

#### **Appendix 5**: Supporting Documents for Player Selection Process

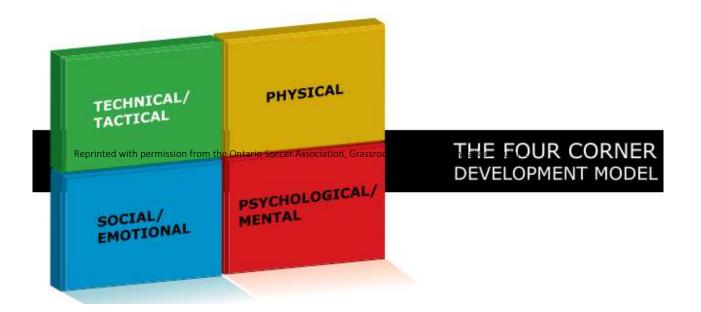
#### Four Corner Development Model (OSA)

The Four Corner Long-Term Player Development model consists of technical/tactical, psychological/mental, physical and social/emotional components. Each corner of the model reflects an aspect of a player's development that has to be considered. The gradual progressive development of players is fundamental to the enjoyment, technical competency and retention in the game. The Four Corner approach ensures the sport experience meets the four key needs of the athlete.

Although priorities will vary during the player's different ages and phases of maturity, the model provides a basic framework for coaches to work within. In addition to the four main components, there are a number of additional 'contributions' from a large number of people, such as parents, teachers, schools and local clubs. The model is deliberately interlinked, which means that activity in any one corner will produce a reaction throughout all aspects of the model. For example, a practice technique may impact physical balance and co-ordination while producing increased confidence and enhanced social standing within the group. The key message to coaches is not to consider any of the program's aspects in isolation.

As the development pathway for individual players is unique and diverse, the needs of each player will ebb and flow in all of the four corners. And, whilst the need for added support for some players will be minimal, others will require much more applied and specific support.

A player's performance in practice and matches can be influenced by the following factors, nearly all of which need to be considered when forming an opinion of a player's progress and true ability: date of birth relative to the rest of the group; body type; adolescent growth spurt in all four corners; physical maturity; psychological maturity; social maturity; previous experience; opposition; position suitability; instructions given to the player; and recent playing activity.



#### **Appendix 6**: Supporting Documents for Player Selection Process

#### **True Sport Principles**

**True Sport is...** designed to give people the inspiration and means to leverage the many benefits of sport to instill character in our kids, strengthen our communities and increase our opportunities for excellence. It exists to not only create the right conditions for people to promote good sport in their community, but also to identify and connect with others looking to do the same.

Why True Sport... At the heart of True Sport is the belief that good sport can make a great difference. Good sport – sport that is values based and principle driven – often happens on its own; but too often it does not. True Sport exists to help individuals, communities and organizations make certain that good sport happens by design.

People know what good sport looks like. They feel the buzz of excitement. They witness the camaraderie among children of all shapes and sizes. And they see the group dynamics of sport – and the competition that's associated with it – bring individual behaviour, conduct and ethics continually into play.

True Sport recognizes that while good sport gives our kids joy, it also gives them opportunities to learn about themselves, about interacting with others and about the achievements and disappointments that are a natural part of life. True Sport seeks to help people to consistently create sport experiences that will teach the right lessons, celebrating physical and ethical achievements.

When good sport turns bad... Every child deserves the opportunity to experience sport that is pure, joyful and true. Every parent wants to see their child take part in sport that helps them discover their potential, teaches them to work well with others and compels them to be the best they can be. Whether we're playing, coaching or just watching, we all know that when sport is good, it has a positive impact on us all.

But when sport becomes solely about winning, it turns bad. It becomes the premeditated check into the end boards. It becomes the calculated decision to sit less talented kids on the bench. It becomes the abusive coach, the argumentative parent, the bullying kid and the kid who drops out of sport prematurely because it stopped being fun.

Competition and the desire to win are an important element of sport and what distinguishes it from pure exercise. However, when good sport is sacrificed for winning at all costs, we lose something special. But we don't have to; True Sport can help our kids and our communities have the kind of sport experience they deserve and desire.

By promoting sport at its best — sport that is fair, excellent, inclusive, and fun — communities seize an opportunity to model positive values to citizens of all ages. When sport facilities are welcoming and safe, people feel good about sharing public space. When the contributions of volunteers, officials, coaches, and organizers are valued, people feel good about sharing their time and talent with their community. When ethical conduct is championed on the field, rink, and court, it reinforces honesty and respect in the classroom, in the workplace, and on the street.

**Good sport can make a great difference...** True Sport is not in the business of getting individuals to believe in the power and value of sport. They already believe. What they need, and what they have been asking for in ever-greater numbers, is a way to influence their sports community to safeguard and promote good sport. It is as if parents, coaches, officials and supporters lack the equipment to participate in a competition where the prize is the future of good sport. True Sport wants to give them that equipment.

True Sport is seeking to give individuals and communities the capacity to act on their positive beliefs about what good sport can do. We seek to instill character in our children, strengthen our communities and spur the healthy competition that makes athletes perform to the very highest standards. Taken together, these three areas create a powerful foundation from which good sport can be developed and thrive.

The True Sport Principles... True Sport is dedicated to the notion that good sport can make a great difference. It is our mission to deliver programs and initiatives that:

- Enable participants, parents, coaches and officials to articulate and act upon their deeply held belief in the virtues of good sport.
- Enable participants, parents, coaches and officials to identify with others holding similar values.
- Create a fair, safe and open atmosphere where good sport can grow stronger through inclusive competition at all levels.

To achieve these goals, we promote the following True Sport Principles, which represent a good sport experience. For sport to be truly good and have the opportunity to make the greatest difference, all seven of these principles need to be in play at all times, working in perfect balance with one another.

#### Go For It

Rise to the challenge – always strive for excellence. Discover how good you can be.

#### **Play Fair**

Play honestly – obey both the letter and spirit of the rules. Winning is only meaningful when competition is fair.

#### **Respect Others**

Show respect for everyone involved in creating your sporting experience, both on and off the field. Win with dignity and lose with grace.

#### **Keep It Fun**

Find the joy in sport. Keep a positive attitude both on and off the field.

#### **Stay Healthy**

Place physical and mental health above all other considerations – avoid unsafe activities. Respect your body and keep in shape.

#### **Include Everyone**

Share sport with others. Ensure everyone has a place to play.

#### **Give Back**

Find ways to show your appreciation for the community that supports your sport and helps make it possible.

#### The True Sport LTAD Matrix https://truesportpur.ca/true-sport-ltad-matrix

The True Sport LTAD Matrix identifies ethical literacy as a key component of the overall Sport for Life (S4L) LTAD model. It is based on the fundamental principles of True Sport and provides guidelines for developing ethical literacy in children and youth - an essential element of well-rounded athletes and citizens. This matrix is represented on the following two pages.

#### **Appendix 6**: Supporting Documents for Player Selection Process

# The **True Sport** Long-Term De



The True Sport Long-Term Athlete Development (LTAD) Matrix identifies ethical literacy as a key component of the overall Canadian Sport for Life (CS4L) LTAD model.

Sport is a valuable public asset, one that impacts the community as well as its citizens. When sport is done right, these impacts have the potential to extend well. beyond the commonly recognized health banefits associated with sport, including putting children and youth on a positive life course, building strenger and more inclusive communities, and contributing to accountic and environmental sustainability. These benefits are realized when sport is good - when it is

If we want sport to live up to its potential, we need to be intentional about ensuring that it reflects our shared values. and that the sport environment is peaksie. We must be deliberate to ensure that sport is accessible, affordable, excellent, inclusive, fun and fair. True Sport and Long Term Athlete Development provide the opportunity to exercise this intention - to transform our desire for good sport into action.

As osaches, teachers, administrators and parents, we need to look at the larger picture for Canadian sport. We want to develop athletes who can compete at all levels of the spectrum. We want to foster recognition of the value of lifelong participation and welfvess. We also want to develop individuals. Keep in mond that the True Sport Mattix is cumulative. Similar with strong character, good morals and strong ethics who will to physical illustacy, othical illustacy progresses along the ages contribute peoliticely in aport and in their communities. Through and slagss of development whereby the ethical stantiards the leris of the LTAD's athlete-centered approach, the True Sport Matrix provides guidelines to support this intention to

The True Sport Matrix is guided by the True Sport Principles -Go For It, Play Fair, Respect Others, Heep It Fun, Stay Healthy, Instude Everyone and Give Back. The principles are simple enough to be understood at all stages of development. By living these principles, people can ensure that the benefits of sport such as the joy of achievement, the growth of community or the brasking down of social barriers will naturally flow. Although the True Sport Matrix has been created for coaches, whether you are a coach, volumeer, parent or athlete, it will inspire you to create ways to enhance ethical literacy at each stage of development.

acquired in Active Start and FUNdamentals are relevant and central to an athiete's ethical development throughout the

When children are introduced to activity and sport appropriately, they will have the necessary motor skills and confidence (physical Recary) to remain Active for Life in writielly any sport they choose. Shate the True Sport Principles and have all members of your group-(participants, coaches, parents) sign the True Sport Declaration. Use these principles to help guide your programming decisions

By using the LT4D stages, participants can ensure that they have the physical mental, technical and tactical knowledge they need to stay involved in sport and the autive for title.

Remember you are not only building athletes, you are shooing people. A positive experience in sport is the key to retaining attileties after they leave the competition stream. We call that experience... True S

TRUE SPORT lives here

Atiblete satue-tased and principleodriven. In Canada, we call good spart Name powdes gadelines to support this intention to develop well-rounded attrivers and well-sounded options.					The conjector statum, we can that internetice, into over .			
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	<section-header></section-header>	Choourage lots of different unstructured activities to premote physical literacy.     Totach fundemental moviments though ploy and unstructured games.     Orate an enhouston for attempting new physical experiments threaping it flux.     Hought active parental involvement and support as key.     Hought and ecogosise effort.     Shout the Active for Life website for age-approximate activities that will develop only active parents.	offerent activities.     Offer a variety of well-structured activities that develop tesix akits.     Optimum to encaurage all-round physical Neracy.	Fruch overall sport skills and avoid ordining functionersell involvement skills.     Fours on shoping positive attructes the standamersell income strange skills based drift.     Beynits widentand the pursuit of personal excellence.     States an appreciation for work ethic and its examples, reward ethics over outcomes, and model good behaviours.     Guiltatte a sense of responsibility by and more an attrue and responsibility by and more and the pursuit or spo- automatics and more and responsibility by and more and the pursuit over outcomes, and model good behaviours.     Guiltatte a sense of responsibility by and maximum their personal equipment, to by an equiptions such as politing up comes an attring aug/taking down outportes.	Consolidate hasis sport-specific skills and tastics.     Thath conjective technisms for the provided and mental challenges of competition.     Recognize the value of working and leads.     Teach athletes to honour the gone by going there best.     Teach athletes to honour the gone by additional tool tool tool tool too addition atoms too honour the gone by additional too honour too honour too addition atoms too honour too additional too honour provided in the model additional too honour to honour provided in the model additional too additional to honour provide stream.     Continue to honour provide too and encourage atthetes to declarate personal and/or toom goots.     Teach and too	Advances can begin to specialize in one sport and parawa an ellip competitive shearm.     Provide year-courd, high-interactly, individual event and position-specific training.     Take attracts to pain for major competitives.     Increase the emphasis of personal commitment to active individual and collective subcorres.     Work with attracts to help them master the encolonal elements of sport.     Provide year-leader way attracted by control to the strend objective.     Provide year-leader way attracted by control to the strend objective.     Provide yearing personal commitment to active methods in a provide the help them master the encolonal elements of sport.     Provide training opportunities that maximize attracted methods objective.     Provide training opportunities that maximize attracted methods, conservation, control.     Provide performance.     Provide performance.     Processing performance.     Provide the strend of them start of the strend of revisions generic master.		Chaure that all children are given a solid foundation - technical, satubal, physical and mental - appen which to build their liferong attents abilities.     Discourage participants to by ane- spans, all performance and advances, and always by to do their personal beat.
	Play Fair Play Forest and obey the sumes in lefter and agent Weinerg is only meaningfut unter competition is the	<ul> <li>Emphasize equal participation for all. Focus on pile rather than coopertises.</li> <li>Cutritivels a sharing environment (e.g., secolds, equipment, attention, time).</li> <li>Teach haleness solits through activities.</li> <li>Introduce sportsmanning (e.g., high filere for all, shalling handa).</li> </ul>	Ensure everyone participation equally at play, practices and competition.     Have the participants play calibration positions and by different activities.     Hitsdace ample rules.     Begin to introduce concepts initiated to committee (i) or a resource of the second participants to be responsible for their own equipment).     Bach individual responsibilities.	Ensure everyone gets to participate. Coporturities to compose are earned through risks and commitment, not just white. Play by two nuises. Encourage ethtical inscussions by asking "What would you do if* Demandrates and reward aportamanatiop ty highlighting good examples of the play and by docussing situations that are manifered unline.	Play by the rules. Encourage reflection an periodial addents as well as those of parents, cookies and seammates.     Explose the concept of controlling encotions.     Premose attegat choices (e.g., no becoding the rules, no ding use, no choap those).     Explose why cheating victures the integrity of the game. Use situations to help attents works their discusse making.	Apply rides consistently (as an individual) and reason through your behaviour as well as the behaviour of attractor, generate, officials and colleages.     Channel errorbonal energy.     Advanate shughles aport, squity, fair play, safety and non-volance.		<ul> <li>Promote playing by the rules. Fracts and first them as a group, regardless of your role.</li> </ul>
	Respect Others Shew espect for sweryon woolved in creating a spering coperator. but one final and off. We with density and lease with grace.	<ul> <li>Introduce co-operative activities.</li> <li>Encourage young attreates to help put avep equipment, tays and games.</li> </ul>	Appreciate that not everyone learns the unner way of at the barre pace.     Introduces solution and activities that fuel thermore and cooperation.     Interview attracts that there is any new their tearmates to build externation and communication stells.     Model good behaviour when attracts and playing (e.g. avoid yelling, respect efficient, ablack needs after the glance).     Definentiable between farmers and pacific.     Lagistration Hestings and challenges.     Experiment that attracts understand the operation of sampeding the manunarity (e.g. point) operations and pacific.     Definentiable between farmers and pacific.     Experiment hestings and challenges.     Experiment hestings, point op after thermostries, do not damage frequency.	Individuals them building eventues.     Scheet players according to they behaviour but on and off the heat of play.     Consequences, but you and off the heat of play.     Consequences, but you's and data.     Duffine and demonstrates respect towards offsets, players, coacted and back.     Schenz players to acted and back, respect for rules as well as bysets, the data to be the seam, blue.     Win with digitity and lase with glass. Calebrais and respects who demonster these models.     Constraints these pressure of opioidons in a measectifur manner.	Moke a Closthey Assessment Ferm available to parents.     Schotzing debate summarizing tactical sport strategy among athletes.     Support disclostment adult moral or proving.     Struct for good toam otherwisity and a pasticle interaction between everyone involved in the game isoaches, parents, officials).	use that arsergy positively.	ctively critical of thermostives and to m available to attriveles and parents at matter to you and oncourage	<ul> <li>Insist on respect for all all all threes.</li> <li>We with digrets and lose with grant.</li> <li>Heinfere positive behaviours that help build character and set standards.</li> </ul>

## The **True Sport** Long-Term Athlete Development Matrix



Find the iou of sport and have a good time. Neep a positive attitude and look to make a positive difference, or the field and in your doministry.

#### Stay Healthy

Place physical and mental health above all other considerations and avoid unsafe activities. pectylar body and keep in thape

#### Include everyone

Share sport with others. negorithesis of one ed. ethnicity pander, advant orientiation or atably. invite instructed into aport to make it more meaningful for the whole community.

#### **Give Back**

ways remember the constructly that supports your sport and Parints makes II monthlyin. Find ways to show your ispreciation and help others get the roost aut of aport.

The True Sport Long-Term Athlete Development (LTAD) Matrix identifies ethical literacy as a key component of the overall Canadian Sport for Life (CS4L) LTAD model.

Sport is a valuable public asset, one that impacts the community as well as its citizens. When sport is done right, these impacts have the potential to extend well beyond the commonly recognized health benefits. associated with sport, including putting children and youth on a positive life course, building stronger and more inclusive communities, and contributing to economic and environmental sustainability. Triese benefits are realized when sport is good - when it is value-based and principles-driven. In Cariada, we call good toort True Scient.

Stage 1:

Active Start

Discovering Spor

or this the CS4L/US4D resources to erroute.

that physical activity piels and drifts are

Se protive in the use of epispment and

administrators that by longing it fun, kids

will likely continue to stay involved in

- Use LSAD resources and guidelines to

· Model healthy behaviour. Make being

Start taiking about the importance of

· Onate opportunities and encourage

· Enhance emotional development and

Ensure your program is open and

- Create participation opportunities for

attistes from at backgrounds (e.g.

financial, furth, otherwise, adulty).

- Introduce paniot attitutes as role

Provide recycling at all facilities.

families (e.g., bringing anacks,

equipment1.

models/coathes in Active Start programs

providing opportunities to give back.

Share team responsibilities among all

po-coeching, setting up or taking down

· Provide caring and knowledgeable adults

children to be active doily for a minamum.

Use age-appropriate equipment.

hasher active play.

newithy a fun ming.

as role models.

of 60 minutes.

thaid social skills.

- Embrace divertity.

accessible to everyone.

laking care of our bodies.

fun and appropriate for this stage.

of coaching/teaching methods.

o Teach parents, colleagues and

· Encourage parent led activities.

ignert

If we want sport to live up to its potential, we need to be intentional about ensuring that it reflects our shared values. and that the sport environment is positive. We must be deliberate to ensure that sport is accessible, affordable, expellent, inclusive, fun and tais. True Sport and Long Term Athlete Development provide the opportunity to exercise this intention - to transferit our desire for good sport into action.

As calachee, teachers, administrators and parents, we need to look at the larger picture for Canadian sport. We want to develop athletes who can compete at all levels of the spectrum We want to foster recognition of the value of infelorig participation and wellness. We also want to develop individuals With above character, good murals and strong ethics who will contribute assitively in sport and in their communities. Through the tens of the LTAD's athiete-centered approach, the True Sport Mathin provides guidelines to support this intention to develop well-counder attrietes and well-munded otcoms.

Stage 3:

Learning to Train

**Fundamental Sport Skitle** 

(Givis 8-11, Boys 9-12)

Players are introduced to disciplined

training and begin to develop their

stongwide their skills practice.

- Introduce fun competitive elements (s.g.)

- Maintain a high level of onjoyment while

· Accentuate the importance of hierdships

- Highlight good role models to ensure

- Hacognize that beyn and givis heary

= Introduce nutritional concepts.

share them at practice.

differently and have fun doing different

· Encourage your athletes to have truck of

- Recognize moods and begin to deal with

- Exhance personal development through

sport. Character development through

sport participation translates well into

- Recognize that boys and girls grow and

- Accentuate the importance of being

tearrenates, parents, soaches, officials,

friendly, respectful and kind with

-Coordinate an "All Sport One Day"

- Take up a cause. Get attvetto to raise

Have all detes think about their preferred

money for a charity or donate used.

True Sport Principle and share their

equipment to those in need.

choice and rationale with their

activity in your community

their dely physical activity levels and

- Introduce the notion that drug use in

sport is neither healthy nor fair.

- Encourage perficipation to land based.

wither-based and seew/log-based

races between groups).

bearreng new skills.

- Forder a strated work efficie.

in the content of the team.

continued participation.

activities.

things.

emotions.

the picks.

mature differently

and opponents

timerentation.

indenstanding of annotates of play

Stage 21

o focus on loarning and having has.

introduce farmal competition m

· Discourage specialization in a single

coordinate structured, age-appropriate

in Follow your sport's 128D make to

-Stress the importance of fun and

- Ensure access to pressing professional

incorporating fun into overy training

development as it builds new skills far

« fierol in continuing education courses in coaching or sport as part of your overall

Develop skills through a combination of

challenging emirconnects, and quality

- Encourage daily smithurtured physical

practice-to-competition ratio as per your

o introduce proper eating, sleeping and

- Pair up attitutes with others of verying

skills sets to create opportunities to

apportunity to try vertices positions,

and their families to the program or

- Provide opportunities for youth to

participate in functioning accurties.

programs in the school curriculum.

Respect your facilities le.g., pick up

garbage and water bettles after the

-Advocate for quality physical education

· Have participants set up and take down

equipment before and after practice or

activity, participate in the local seasonal

environmental community clean up days).

- Create full ways to webspice new athleten

·· Essays that athletes nave the

techniques and skills.

isam from each other anal/or to learn

unstructured play in sale and

teachers, leaders or coaches.

play with friends and family.

- Make being healthy a coal thing

- Ensure an approprieto

against's LTAD studie.

Notiation Sabits

new skills.

10000

competitions.

instruction from knowledgeable

moderation.

andrt.

descian.

a Have a positive attrade.

games and activities.

developing friendships.

FUNdamentals

The True Sport Matrix is guilted by the True Sport Principles. -Gal For It, Play Fair, Resport Others, Neen It Fun, Stay Healthy, Include Everyone and Give Back. The principles are simple enough to be understood at all stoges of development. By living these principles, people can ensure that the benefits of sport such as the joy of achievement. the growth of community or the breaking down of popial berriers will naturally flow. Although the True Sport Matrix has been created for neaches, whether you are a coach, volumes, parent or athlete. If will implies you to create wave to enhance ethical iteracy at each stage of development.

Reen in mind that the True Sport Matrix is sumulative. Similar to physical literacy, ethical literacy progresses along the ages. and stages of development whereby the ethical standards accurred in Active Start and FLFidamentals are relovant and control to an attifete's ethical development throughout the rest of the stages.

Encourage coacters, attietes and

parents to become officials.

Use the True Sport Principles to

encourage dialogue on how athletes can give linck to their community.

your athletes to do the same

When children are introduced to activity and sport appropriately, they will have the necessary motor skills and confidence (physical Renacy) to remain Active for Life in virtually any sport they choose. Share the Trus Sport Principles and have all members of your group (perticipants, coaches, parents) sign the True Sport Decisration. Use these principles to help guide your programming decisions. By using the LTAD stages, participants can ensure that they have the physical mental, technical and tactical knowledge they need to alay involved in sport and he active for life TRUE SPORT Remember you are not only building attractes, you are shaping people. lives here A positive experience in sport is the key to intaining athletes after they leave the competition stream. We call that experience... True Sport. Active for Life Stage 4: Training to Train State 5 Stage 6: Montal Capability Training to Compete **Training to Win** All arry shape to the LINO model. High Performance Secrit makes \$1015, Makes \$2.1 traine 18 + Malen 18regardless of their level of addits Self menory damages, and having features constant to moving and refers with Tartes are den orientation and programmit. players may decide to play a sport as a purely recreational sport as Players are training and peting at the highest leve The factors of fraining shifts to planication of performance + Ensure the joy of sport is central to - Faster continuous attietic increament to mandament a level of fun-- Try name apparts and activities to keeps counter increasing popul pressures to = Emphasize the jou of effort and the commitment to evoal. the loy all-e. Move from one sport to disp out. - Understand that the thirll of seespetition provides an opportunity is another is g., satisfing to behalingh. ladger to rewirtel. Recognize that as attrictes manine skills portinuously learn and marter new skills. self-confidence will increase. - Participate for the enjoyment of 4. - Recognize the active-envent of objectives Marin attracted develop the skills they used Continue to preafe social connections. . Stress the importance of social metworks both in and out of sport. to esthance your \$18. to pvercome challenges and celefizate the Aggentiagts the bord between attactus, they birnds and the joy that comes from meeting these sooch/athiets family gynamic. . First the av that corners from challenges maintaining a healthy active Mestyle. Because the relationship between an athlete's intrinsic mitivation Facue on the jay that comes from the Seek new/additional ways to enhance and participation at a higher level of competition. experience of participating in sport. your poort and repreational experience. Cocourage a tratance between the demands of sport, family, friends and indexed. Introduce specific sport Atness training. Increase knowledge about sport nutrition, doping, sport psychology, =Find a positive work it's play balance. concepts is g. sport nutrition. positive body image, fitness training, and proper exputation's usage. · Maintain bootty stating holds. Teach positive body image and educate = Ensure attivetes thank about their future sporting life. a Participate for the bacality tangents of an athletes, parents, and coacties about - Set the slage to remain healthy for kie. active thesiste. normal body charges. - Use inport as a stream reducer. Provide current anti-doping information. - Peographics that the transition from one Recognize that sport can be a stress sport to another klwavs requires an reducer actuatreast period. # Empower attrates using positive imagery and fuster popilive self-esteern - Host a free drills and skills program for younger, less skilled players a intertitionally set up your training proups whe accepting of varying levels of ability to mix and match various skill sets and from your school, state, or community, and structure activities to accommutate positions throughout the season. Distri introduce team-building activities to help attrietes and their families get to know one another and to learn more attout each other · Encourage social giving. - Encourage critical thinking and taking a stand on insues of H Transfer your knowledge back to your Create a youth activator position on your winertance. community by mentaring, coaching, or as a club's organizing committees to ongage - Provide apportunities for attiletes to share they experiences community sport leader or role model. youth and solicit their input. through public speaking and sole modeling. "Evelve as a participant - trecome a coach. Encourage athletes to volunteel, let Become a shaription for True Sport and encourage your attietes to an official, or an adressistrator. certain provinces, high action students do the same Clansider sport-related conserv such as can log these hours for school credits. Become a champion for Canadian Sport for Life and encourage coaching, officiating, sport administration,

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simali tracanese enterprises, or media.

Rafy your community to become a Tise

take a stand.

Sport Dommunets

Find ways to encourage your community to

#### Appendix 7: Xavier Sport Codes of Behaviour

Australian Government Australian Sports Commission

> Junior Sport Codes of Behaviour



#### **Codes of Behaviour**



### Players Code of Behavio

- O Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Ocontrol your temper. Verbal abuse of officials, sledging other players or deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit and so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Ocooperate with your coach, team-mates and opponents. Without them, there would be no competition.
- Participate for your own enjoyment and benefit, not just to please your parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

#### Parents Code of Behaviour

- Remember that children participate in sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on your child's efforts and performance rather than whether they win or lose.
- Encourage children to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performance and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from sporting activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.



# Coaches

- Remember that young people participate for pleasure, and winning is only part of the fun.
- Never ridicule or yell at a young player for making a mistake or not coming first.
- Be reasonable in your demands on players' time, energy and enthusiasm.
- Operate within the rules and spirit of your sport and teach your players to do the same.
- Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented players; the 'just average' need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.
- Display control, respect and professionalism to all involved with the sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.
- Show concern and caution towards sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

### Teachers Code of Behaviour

- Encourage young people to develop basic skills in a variety of sports and discourage overspecialisation in one event, sport or playing position.
- Create opportunities to teach appropriate sports behaviour as well as basic skills.
- Over the priority to free play activities, skill learning and modified sports over highly structured competition for primary school children.
- Prepare young people for intra and interschool competition by teaching the basic sport skills.
- Make young people aware of the positive benefits of participation in sporting activities.
- Keep up to date with coaching practices and the principles of physical growth and development. Read and use the latest coaching and teaching resources for junior sport.
- Help young people understand the differences between the junior competition they participate in and professional sport.
- Help young people understand that playing by the rules is their responsibility.
- ③ Give all young people equal opportunities to participate in administration, coaching and refereeing as well as playing.
- Support implementation of the National Junior Sport Policy.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.



# Administrators

Code of Benaviour

- Involve young people in planning, leadership, evaluation and decision-making related to the activity.
- Give all young people equal opportunities to participate.
- O Create pathways for young people to participate in sport, not just as a player but as a coach, referee, administrator, etc.
- Ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of young players.
- Provide quality supervision and instruction for junior players.
- Remember that young people participate for their enjoyment and benefit. Do not overemphasise awards.
- Help coaches and officials highlight appropriate behaviour and skill development, and help improve the standards of coaching and officiating.
- Ensure that everyone involved in junior sport emphasises fair play, rather than winning at all costs.
- ③ Give a code of behaviour sheet to spectators, officials, parents, coaches, players and the media, and encourage them to follow it.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Support implementation of the National Junior Sport Policy.
- Make it clear that abusing young people in any way is unacceptable and will result in disciplinary action.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

### Officials Code of Behaviour

- Modify rules and regulations to match the skill levels and needs of young people.
- O Compliment and encourage all participants.
- Be consistent, objective and courteous when making decisions.
- ② Condemn unsporting behaviour and promote respect for all opponents.
- Emphasise the spirit of the game rather than the errors.
- Encourage and promote rule changes that will make participation more enjoyable.
- ③ Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Remember, you set an example. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the participants above all else.
- ③ Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.



#### Codes of Behaviour



# Media

- Provide coverage of young people's competitive and non-competitive sport as well as reporting adult sport.
- Be aware of the differences among adult sport, professional sport and modified sports programs for young people.
- Do not highlight isolated incidents of inappropriate sporting behaviour.
- Focus on a young player's fair play and honest effort.
- Do not place unfair expectations on young people. They are not miniature professionals.
- Describe and report on the problems of young people participating in organised sport.
- Focus on the abilities and not the disabilities of young people.
- Avoid reinforcing stereotypical views on the involvement of boys and girls in particular sports.
- O Give equal time and space to reporting boys and girls sports.
- Familiarise yourself with the National Junior Sport Policy.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

### Spectators Code of Behaviour

- Remember that young people participate in sport for their enjoyment and benefit, not yours.
- Applaud good performances and efforts from all individuals and teams. Congratulate all participants on their performance, regardless of the game's outcome.
- ③ Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
- O Condemn the use of violence in any form, whether it is by spectators, coaches, officials or players.
- Show respect for your team's opponents. Without them, there would be no game.
- ② Encourage players to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass players, coaches or officials.
- ③ Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.



## A 'fair go' for young Australians

Australians are justifiably proud of the place sport has in their daily lives. But what is equally important to us all is the way the game is played and the manner in which our sportsmen and sportswomen conduct themselves.

Unfortunately, some people fail to live up to the traditional values of sport. Worse still, young people can be influenced and the rest of their sporting lives coloured by these experiences.

These Codes of Behaviour identify a series of key principles on which young players, parents, coaches, teachers, administrators, officials, the media and spectators should base their sporting involvement. If adopted, the Codes will ensure that young people develop good sporting behaviours and have an enjoyable experience of sport, which will encourage them to remain involved throughout their lives.

## The Codes of Behaviour

Young people involved in sport have a right to participate in a safe and supportive environment. Australians are sport mad. We love our sport, however, this can at times create unpleasant situations. Over-zealous parents, boisterous spectators, opinionated players and quick-tempered coaches may need to be reminded of appropriate behaviour when involved with junior sport.

The Australian Sports Commission has developed the Codes of Behaviour to remind and encourage all Australians involved in junior sport to support and nurture all our young players.

The Codes of Behaviour provide the basis for fair play for young people and encourage fun, friends and safe environments. We hope that they will be endorsed and adopted by all.

For further information on junior sport contact:

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